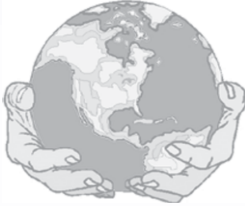


# Messenger

Experiencing Love & Transforming Lives

## WORLD DAY OF PRAYER THURSDAY, SEPTEMBER 8TH

On Thursday, September 8, New Thought Unity Center will join with people all over the globe for the 12th Annual World Day of Prayer. World Day of Prayer is an interfaith event open to people of all faiths and all walks of life. Its purpose is to unite as many people as possible in prayer for one another. The Center's sanctuary will remain open for the entire 24-hour period. The Chaplains and Prayer Team Members will be leading a Silent Unity Prayer Service every hour on the hour. The Noon Meditation will be held in the Sanctuary. In addition, there will be a special 6:00PM service in the Sanctuary.



As is our tradition, our spiritual community will maintain a 24-hour prayer consciousness. Everyone is encouraged to participate by signing up for any 30-minute time slot starting at 12AM on September 8th. Your time slot can be served wherever you happen to be; being at the Center is not necessary. On Sundays, sign-up sheets will be available at the World Day of Prayer table in Friendship Hall. During the week you may sign up in person with the Center's receptionist or by calling 513-961-2527, and asking for Peggy.

## 2006 UNITY PEOPLE'S CONVENTION TO SET SAIL FOR PEACE, PRAYER AND PROSPERITY ALASKA CRUISE TO MARK A NEW BEGINNING AS NTUC MINISTERS PLAY LARGE ROLE IN SHAPING FUTURE



Cruise to mark Rev. Pat's term as new Board Chair.

You are invited to join the Association's Annual Convention from June 9<sup>th</sup> through the 16<sup>th</sup>, for an exciting Alaska cruise aboard the Celebrity Cruise's 5-Star ship Mercury. The 2006 convention is especially meaningful for New Thought Unity Center because Rev. Pat Williamson will begin his one-year term as Chair of the Board of Trustees for the Association of Unity Churches. His special induction ceremony will be aboard the ship. Also, the 2006 convention will include Rev. James Trapp's induction as the Association's CEO. Rev. Doris Hoskins chaired the search team that led to the team's recommendation of hiring Rev. Trapp.



Rev. Doris' team shares role in Unity's path.

Soak up the awesome splendor of the Alaskan wilderness as our ship sails the Inside Passage. It will truly be the experience of a life-time. The ship will be our floating resort, complete with meals, shipboard activities, entertainment and an unforgettable convention. To learn more, visit [www.unitycruise.com](http://www.unitycruise.com) or call 1-800-700-3881.

## THE NEW CEO OF THE ASSOC. OF UNITY CHURCHES, REV. JAMES TRAPP



On July 14, the Association of Unity Churches announced the hiring of Rev. James Trapp as its new president and chief executive officer. Rev. Trapp will succeed President/CEO Glenn Mosley, who has served in the position for 20 years. Trapp was ordained in 1994 and has served at Unity on the Bay in Miami, Florida for the past ten years. Since being at Unity on the Bay, he has been instrumental in creating a growing and dynamic spiritual community that is racially, ethnically and culturally diverse, mirroring the wide spectrum of people who live in South Florida. Under his leadership, Unity on the Bay has grown from an average Sunday attendance of 125 to more than 1300.

It was Rev. Doris' Executive Transition Team that recommended the hiring of Rev. Trapp. We look forward to a prosperous and prayerful future of the Unity Movement worldwide.

# BOARD NOTES



Carol Wehmann, Pres.  
Board of Trustees

## Dear Friends Of Unity,

September signals the end of summer at the beginning of a new season. With the anticipation of the abundance of color in our landscapes and the fall harvest, the season of Thanksgiving and all it brings to our friends and families, we are especially thankful to be a part of the Unity community.

We are extremely excited with the success of the Consistent Giving Program. This, along with the Sunday and mail contributions, has enabled us to keep our bills current and the financial situation in the black for 2005. However, as you are aware through the Town Hall Meeting, we do need to address the maintenance issues on the Sanctuary. We are hopeful that we will be able to resolve these issues within the next six to twelve months.

Indeed, we are truly thankful and blessed to have the wonderful support of each member of the Center. You are the real Spirit of Unity. May we continue to hold strong our visions for the Center and its abundance of prosperity as we work together experiencing love and transforming lives.

**Love and Blessings,  
Carol**

*In this moment, it is our intention,  
to feel successful and attract  
abundance into our lives*

## NTUC's 1st Seven Months 2005

	Jan-July 2005 Actual	Jan-July 2004 Actual
<b>Income</b>	<b>\$547,221.72</b>	<b>\$485,468.82</b>
<b>Expenses</b>	<b>533,146.45</b>	<b>516,502.24</b>
<b>Net</b>	<b>14,075.27</b>	<b>-31,033.42</b>



Revs. Doris and Pat recently traveled to Unity of Detroit to assist in the ordination of Rev. Gregory Guice. Many will remember Rev. Guice as a guest speaker at NTUC. He joins Rev. Argentina Glasgow as they embark on a new team ministry together.

## HEY, CHARLIE BROWN! IT'S THE BIG HALLOWEEN DANCE!!

Mark your calendars for Saturday night, October 29. That's the night all you ghosts and goblins are invited to the **Halloween Dance in Friendship Hall**. Details available at the YF&M Building or by calling 513-961-2527, ext. 125. Sponsored by the Youth & Family Ministry

## SIGN UP FOR FRIENDSHIP DINNERS

### NO LONGER JUST COUPLES

The purpose of Friendship Dinners is to have an enjoyable evening and get to know people in our church family in a relaxed atmosphere.

As people of like minds join together we strengthen our commitment to our Church and to our own spiritual growth.

Traditionally, couples have gotten together on the first Saturday of the month in October through May at 7 p.m. This year, let's expand by having more diversity.

Let's have all singles AND couples join in the fun. You can also sign up as a substitute.

We take turns being hosts and guests. Hosts provide entrées and guests are assigned veggies, salad, or dessert.

Sign up at the Happenings Table on September 4 & 11th, call Carol and Corning Benton at 513-271-1256, or e-mail them at [cbenton@cinci.rr.com](mailto:cbenton@cinci.rr.com).

Let's expand this group and its significant, positive energy within our Church.

## MINISTRY SUPPORT SERVICES

### Personal Consultations

You don't have to handle life's challenges alone. You can call on our ministers and licensed Unity Teachers for support in dealing with difficult changes, events and decisions or to explore questions of a spiritual nature. We offer three visits on a love-offering basis. Call Peggy Weyand at 513.961.2527, Ext. 100, if you would like an appointment.

### Prayer Ministry

Unity is with you at all times – in person, by telephone, or on a recorded message – to pray with you, to give you support, to be your friend. You may inform us of your prayer request by calling: 513.961.1119, 24 hours a day.

### Prayer Request Box

Fill out your prayer request slip and drop it in the Prayer Request Box located in the Sanctuary or Chapel. After a time of prayer, this list is sent to Silent Unity where your request is held in prayer for 30 days. You can also phone the Center office at 513.961.1119 to make your request known.

### Meditation Service

Noon meditations are conducted in the Chapel Monday through Friday from 12:00 to 12:30 PM and Sunday mornings at 8:30 and 10:30. The Chapel is open during the week from 10:00 AM to 4:00 PM for your private meditations.

### Helping Hands with Heart

The Helping Hands Team can assist you when you're unable to physically help yourself. This might be following a hospitalization, accident, emergency, or if your family is out of town. You may need to have errands run or some household tasks performed. Helping Hands is not for long term care. It has no monetary budget and therefore cannot provide assistance for financial problems. The team is, however, ready to help you out in your time of need as we also have information about other agencies in the greater Cincinnati community. If you need assistance, don't hesitate to call either Gladys (513-731-0877) or Arlene (513-751-7249) or the church office for contact with our spiritual community's loving benefits.

### Chaplaincy Program

Our Chaplains are here to support you on your spiritual journey. A Chaplain is someone who can listen to you and will hold what they hear in confidence. A Chaplain is someone who can pray with you. If you would like to speak with a Chaplain, just call the Center at 513.961.2527 and your request will be forwarded.

### New Center Office Hours

In order to better serve, the Center has changed the office hours to

**10AM-6PM Monday-Friday.**

The Bookstore has also implemented new hours, staying open later in the evening. See the back cover (last page of the on-line edition) for the new hours.

## MINISTRY TEAM

### SENIOR MINISTRY TEAM

Rev. Doris Hoskins  
Rev. Pat Williamson

**Assistant to the Ministers**  
George Whitton

**Licensed Unity Teachers:**  
George Whitton  
Nancy Whitton

### STAFF

#### Accountant

Debbie Zitnik

#### Administrative Assistants

Jennifer Wolfe  
Sarah May

#### Adult Education

Lou Freeman

#### Bookstore/Library Manager

Bob Hesford

#### Custodian

Carl Detzel  
Sherman Bell

#### Director of Ministry Services

John Carsman

#### Executive Housekeeping

Barb Burkart

#### General Maintenance

Craig McCoy

#### Music Director

David Kisor

#### Radio Programming

George Whitton

#### Receptionist/Office Assistant

Peggy Weyand

#### Sound Technicians

Jeanne Blessing      Scott Brooks  
Steve Lang              Mark O'Keefe  
Danielle Adams

#### Unity Art Gallery

Suzanne Lambert

#### Wedding Coordinator

Peggy Weyand

#### Youth & Family Team

Regina Steimle  
Lisa Dove

#### Youth of Unity

Phil Donnelly      Tracy Durson  
Kim Gerhold

#### Uniteens

Terry Armstrong      Theresa Beckman  
Debbie Brosene      Brian Davis  
Buzz Sheffield

#### Volunteer Coordinators

Arlene & Lee Meyer

## BOARD OF TRUSTEES

**President:** Carol Wehmann

**Vice President:** Linda Naylor

**Secretary:** Bill Eagan

**Treasurer:** Stephanie Royers

**Members:** Arnetta Barnes

Carol Benton              Roger Evans  
Tracy Mazzone            Gay Purpura  
Linda Thomas              Gary Wenck

# KEYS TO THE KINGDOM

## 7-WEEK CLASS STARTS WEDNESDAY, SEPT. 7

**T**he *Keys to the Kingdom* is based upon the work of New Thought Religious Science minister and author, David Owen Ritz. This seven-week series has been carefully designed to be a unique transformational experience, and one that fulfills our mission statement of “experiencing love and transforming lives.” For the seven weeks we will look at such things as “stepping into the natural flow of committing to becoming a giver of life” and “how to believe in our highest potential and realize it.” We will also look at our limiting beliefs, the Law of Circulation, releasing resentments, proactive gratitude, and the I Am principle. Join us Wednesdays, starting September 7 for this exciting series.

See page 12 for details.

## UNITY WAY OF LIFE CLASS PROVIDES ABC'S OF UNITY

### A REQUIRED CLASS FOR NEW MEMBERS

**F**or those who are curious about becoming a member of the Center or just have a desire to learn more about Unity, we offer the Unity Way of Life class. This is a five-week class that requires a potential member to attend at least four of the five weeks. Beyond learning about basic Unity principles, attendees also will learn who's who and what's what at the Center.

It is the perfect class to attend whether you're contemplating membership or just want to find out more about the Unity Movement. Classes are Wednesdays, October 26 through November 30. This class is offered twice a year.

See page 12 for details

## EXPERIENCING LOVE

New Sunday Series starts October 2

**N**ew Thought Unity Center is about “Experiencing Love and Transforming Lives.” How do we do that every day as we interact with self and others? It is a challenge to each one of us to commit to Experiencing Love regardless of what is happening in the world around us. Have you been feeling a little weighted down with circumstances and events that are occurring globally, nationally, locally and even in your own personal world? Rev. Dr. Ernest Wilson, a revered Unity minister, said many years ago, “Go to God first and then to man as God directs.” His words take on a deeper meaning when we commit to Experiencing Love. We are reminded how important a life of prayer and meditation is to experiencing and practicing the presence of love.

Maya Angelou said, “We all stand on the shoulders of giants.” There are many that have gone before us, that have committed to expressing love in their thoughts, words, and actions: Jesus, Gandhi, Mother Teresa, Martin Luther King, Jr., Charles and Myrtle Fillmore, and many others. We too stand on the shoulders of those that have served or attended New Thought Unity Center. We feel their love and it even seems to be within the walls of our Center. Even though physically they may not be present, their consciousness of love is present. Now it is our turn to accept that challenge to “Experience and Express Love.” Each of us has the opportunity to recommit to expressing a life of love, to the best of our ability, with our thoughts, words, and actions.

This series runs from October 25 through November 13.

## ‘SEE’ CREDIT HOURS AVAILABLE IN METAPHYSICS I CLASS

Join Nancy and George Whitton as they delve into the metaphysical principles of Unity.

### TUESDAYS

September 20 through October 18

See page 10 for details

## Saturday, September 10

NTUC Hosts the Citywide

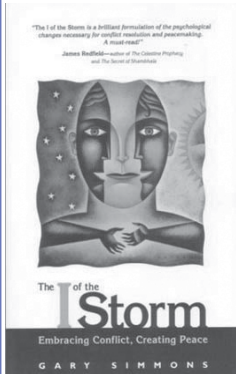
## women's day of prayer

An Interfaith Sharing of Women's Stories and Women's Prayers

Join us anytime between 10AM and 3PM

## NO ONE IS AGAINST ME

### A Workshop by Revs. Jane and Gary Simmons



Gary is the author of *The Eye of the Storm*, a Unity best-seller

What if everything in your life — every judgment, failure, obstacle, conflict, illness and loss was not against you, but was really about exposing your capacity to make the difference — grist for the millstone of your own becoming?

This workshop presents a heart intelligent approach to transforming any situation into opportunities for personal healing, awakening, and empowerment.

**Sunday, September 18, at 1:30pm**

\$20 thru September 11, \$25 September 12 and after.

There will also be a book signing in the Unity Bookstore after each service!

#### Participants will learn how to:

- Never again react to a judgment or criticism
- Make THE Difference in their life and world
- Heal through Day-By-Day Reconciliation
- Gain relevant skills for dealing with stressful situations

For more information, please visit [www.ntunity.org](http://www.ntunity.org)

## TWO DIAMOND APPROACH WORKSHOPS

*A contemporary spiritual path that has arisen in response to the needs of today's humanity.*

**Choose either September 9-11 or  
October 21-23 or  
pick both!**

**See page 14 for details**

## SPIRAL DYNAMICS

### A Workshop with Dr. Deborah Ooten Saturday, November 5, 10:00AM-4:00PM

You'll discover:

- Why different people see life differently
- How human values arise and spread through culture
- The dynamic forces shaping human evolution
- Why we act, think and feel the ways that we do

See page 14 for more details.

## RADICAL FORGIVENESS CEREMONY

A Ritual Based Upon  
the Native American Healing Circle

A powerful and non-threatening  
method of letting go of the past.

**Sunday, September 11, at 1:30PM**

See page 15 for details

## Congratulate Yourself!

Your generosity in donating bookbags allowed us to provide 325 kids at 3 local schools with the resources needed to achieve success in the classroom.



## HELEN PALMER WORKSHOP

The Spiritual Enneagram:  
*Retrieving the Holy Ideas*

**September 17 & 18, 2005**

**9:00 AM - 5:00 PM**

(8:15-9:00 Registration)

**Life Success Conference Center**

**9248 Princeton Glendale Road**

**Cincinnati, Ohio**

**CEUs available**

For additional information call:

**513-723-5054**

co-sponsored by New Thought Unity Center



# NTUC'S ANNUAL PET BLESSING

## Dear Pets:

This is to let you know about NTUC's 6<sup>th</sup> Annual Pet Blessing Ceremony. This year we are having the ceremony on Sunday, October 2nd at 2 PM. Many of you brought your humans along with you last year, and we encourage you to do the same this year. It seems to be as meaningful to them as it is to you, the pets.



# 23% MORE!

George Whitton stands alongside some of the 325 fully-equipped bookbags NTUC donated to area schools. Thanks to you, we increased the number of bookbags by 23% over last year!



You can download George's previous interviews from *Life is Meant to Be Good* by going to our website at [www.ntunity.org](http://www.ntunity.org).



# PICs FROM THE PICNIC



## September 2005 at New Thought Unity Center

7

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>For more information, check out our class brochure or visit our website at <a href="http://www.ntunity.org">www.ntunity.org</a></p>						
4	5	6	7	8	9	10
<b>Sunday Services</b> <b>9 &amp; 11 AM</b> <b>7PM AA Meeting (A)</b>	<b>Sunday Services</b> <b>9 &amp; 11 AM</b> <b>7PM AA Meeting (A)</b>	<b>10:30AM Ministers' Class (B)</b>	<b>5:30PM Debtors Anonymous (Library)</b> <b>6:30PM Wonderful Wednesday Service</b> <b>7:30PM Keys to the Kingdom (FH)</b> <b>7:30PM Living Miracles (B)</b>	<b>10AM Computer Class (A)</b>	<b>6PM Diamond Approach Q &amp; A (SPC)</b> <b>7PM Diamond Approach Session (SPC)</b> <b>7PM Fun Friday - Spiritual Cinema (FH)</b>	<b>9AM Diamond App. (SPC)</b> <b>9AM Men's Group (FH)</b> <b>10AM-3PM Women's Day of Prayer</b> <b>10AM Women of Wisdom (A)</b>
11	12	13	14	15	16	17
<b>Sunday Services</b> <b>9 &amp; 11 AM</b> <b>12:30PM Diamond Approach (SPC)</b> <b>1:30PM Radical Forgiveness Ceremony (FH)</b>	<b>Sunday Services</b> <b>9 &amp; 11 AM</b> <b>7PM Discovering the Sacred Feminine Within You (SPC)</b> <b>7PM Yoga with Diana Guy (FH)</b> <b>7PM AA Meeting (A)</b>	<b>10:30AM Ministers' Class (B)</b> <b>6PM Knit One, Heal Too (SPC)</b> <b>7PM Three Spiritual Teachers (FH)</b>	<b>5:30PM Debtors Anonymous (Library)</b> <b>6:30 PM Wonderful Wednesday Service</b> <b>7:30PM Keys to the Kingdom (FH)</b> <b>7:30PM Living Miracles (B)</b>	<b>Unity World Day of Prayer</b>		<b>11:30AM Rosanna's Anusara Yoga Class (FH)</b> <b>1PM Crimson Circle (SPC)</b>
18	19	20	21	22	23	24
<b>Sunday Services</b> <b>9 &amp; 11 AM</b> <b>1:30 No One Is Against Me (FH)</b>	<b>Sunday Services</b> <b>9 &amp; 11 AM</b> <b>7PM Discovering the Sacred Feminine Within You (SPC)</b> <b>7PM Yoga with Diana Guy (FH)</b> <b>7PM AA Meeting (A)</b>	<b>10:30AM Ministers' Class (B)</b> <b>6PM Knit One, Heal Too (SPC)</b> <b>7PM Metaphysics I (A)</b> <b>7PM Vibrational Healing Group (B)</b>	<b>5:30PM Debtors Anonymous (Library)</b> <b>6:30 PM Wonderful Wednesday Service</b> <b>7:30PM Keys to the Kingdom (FH)</b> <b>7:30PM Living Miracles (B)</b>			<b>11:30AM Rosanna's Anusara Yoga Class (FH)</b> <b>10:30AM Healing Hands (B)</b>
25	26	27	28	29	30	
<b>Sunday Services</b> <b>9 &amp; 11 AM</b> <b>7PM Discovering the Sacred Feminine Within You (SPC)</b> <b>7PM Yoga with Diana Guy (FH)</b> <b>7PM AA Meeting (A)</b>	<b>Sunday Services</b> <b>9 &amp; 11 AM</b> <b>7PM Discovering the Sacred Feminine Within You (SPC)</b> <b>7PM Yoga with Diana Guy (FH)</b> <b>7PM AA Meeting (A)</b>	<b>10:30AM Ministers' Class (B)</b> <b>6PM Knit One, Heal Too (SPC)</b> <b>7PM Metaphysics I (A)</b>	<b>5:30PM Debtors Anonymous (Library)</b> <b>6:30 PM Wonderful Wednesday Service</b> <b>7:30PM Keys to the Kingdom (FH)</b> <b>7:30PM Living Miracles (B)</b>	<b>7PM Sacred Heart Circle (SPC)</b>	<b>7PM Fun Friday - A Novel Experience (SPC)</b>	<b>Friendship Hall (FH)</b> <b>Classroom A (A)</b> <b>Classroom B (B)</b> <b>Spiritual Practice Center (SPC)</b>



# October 2005 at New Thought Unity Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Sunday Services</b> <b>9 &amp; 11 AM</b>	<b>31</b> 7PM Prosperity in Action (FH) 7PM Yoga with Diana Guy (B) 7PM AA Meeting (A)	For more information, check out our class brochure or visit our website at <a href="http://www.ntunity.org">www.ntunity.org</a>			<b>1</b> 10AM Women of Wisdom (SPC) 11:30AM Rosanna's Anusara Yoga Class (FH)	
<b>Sunday Services</b> <b>9 &amp; 11 AM</b>	<b>3</b> 7PM Discovering the Divine Feminine Within You (SPC) 7PM Yoga with Diana Guy (FH) 7PM AA Meeting (A)	<b>4</b> 10:30AM Ministers' Class (B) 1PM Computer Class(A) 6PM Knit One, Heal Too (SPC) 7PM Metaphysics I (A)	<b>5</b> 5:30PM Debtors Anonymous (Library) 6:30PM Wonderful Wednesday Service 7:30PM Keys to the Kingdom (FH) 7:30PM Living Miracles (B)	<b>6</b> 7PM Experiencing Love (FH)	<b>7</b> 7PM Fun Friday - Spiritual Cinema (FH)	<b>8</b> 9AM Using Enthusiasm to Deepen Your Connection With Spirit (SPC) 9AM Men's Discussion Group (FH) 11:30AM Rosanna's Anusara Yoga Class (FH)
<b>Sunday Services</b> <b>9 &amp; 11 AM</b>	<b>10</b> 7PM Discovering the Sacred Feminine Within You (SPC) 7PM Yoga with Diana Guy (FH) 7PM AA Meeting (A)	<b>11</b> No Ministers' Class 1PM Computer Class(A) 6PM Knit One, Heal Too (SPC) 7PM Metaphysics I (A)	<b>12</b> 5:30PM Debtors Anonymous (Library) 6:30 PM Wonderful Wednesday Service 7:30PM Keys to the Kingdom (FH) 7:30PM Living Miracles (B)	<b>13</b> 7PM Experiencing Love (FH)	<b>14</b> 7PM Fun Friday - Dances of Universal Peace (FH)	<b>15</b> 11:30AM Rosanna's Anusara Yoga Class (FH) 1PM Crimson Circle
<b>Sunday Services</b> <b>9 &amp; 11 AM</b>	<b>17</b> 7PM Discovering the Sacred Feminine Within You (SPC) 7PM Yoga with Diana Guy (FH) 7PM AA Meeting (A)	<b>18</b> 10:30AM Ministers' Class (B) 1PM Computer Class (A) 6PM Knit One, Heal Too (SPC) 7PM Metaphysics I (A) 7PM Vibrational Healing Group (B)	<b>19</b> 5:30PM Debtors Anonymous (Library) 6:30 PM Wonderful Wednesday Service 7:30PM Keys to the Kingdom (FH) 7:30PM Living Miracles (B)	<b>20</b> 7PM Experiencing Love (FH)	<b>21</b> 6PM Diamond Approach Q & A (SPC) 7PM Diamond Approach Session (SPC) 7PM The Art of Conscious Eating (NTUC Kitchen & FH)	<b>22</b> 9AM Diamond Approach (SPC) 11:30AM Rosanna's Anusara Yoga Class (FH)
<b>Sunday Services</b> <b>9 &amp; 11 AM</b> 12:30PM Diamond Approach	<b>24</b> 7PM Prosperity in Action (FH) 7PM Yoga with Diana Guy (B) 7PM AA Meeting (A)	<b>25</b> 10:30AM Ministers' Class (B) 1PM Computer Class (A) 6PM Knit One, Heal Too (SPC) 7PM Metaphysics I (A)	<b>26</b> 5:30PM Debtors Anonymous (Library) 6:30PM Wonderful Wednesday Service 7:30PM Unity Way of Life (A) 7:30PM Living Miracles (B)	<b>27</b> 7PM Experiencing Love (FH) 7PM Sacred Heart Circle (SPC)	<b>28</b> 7PM Fun Friday - A Novel Experience (SPC)	<b>29</b> 10:30AM Healing Hands (FH)

# PICTURES FROM THE PICNIC



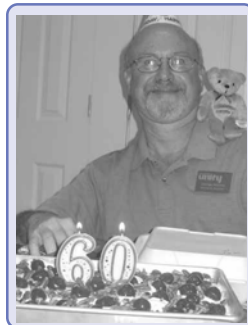
## WEDNESDAY EVENING SERVICE

Every Wednesday evening at 6:30PM, we offer a spiritual respite from your busy week. The mid-week service is contemplative in nature featuring Music, Message and Meditation. The service is approximately 30 minutes long and is the perfect way to maintain your spiritual balance throughout the week. Childcare is provided.

## RECENT MILESTONES



Rev. Doris recently celebrated her 60th birthday.



George Whitton also celebrated 60 trips around the sun.



Rev. Pat acknowledged his 21st year of personal 12-step recovery.

## New Classes at the Center

### **Discovering the Sacred Feminine Within You (for Men and Women)**

**September 12 through October 17, 7:00-8:30PM**

What is the Sacred Feminine? She represents many aspects of who we are: our bodies, our instincts, our cultural and genetic pasts. She is our right brain and carries the memories of the Sacred Feminine past, present and future. Whether man or woman, without this aspect of ourselves, we can't be truly whole or holy. How can you connect with Her as a man, as a woman? It is hard to know this luminous energy that exists within - magical, shining, mysterious - and maybe it's hard for us to relate to that level of wholeness and perfection. She can be especially difficult to connect with in the busyness of our daily lives. Lydia Stec will help you bridge the gap between you and the Sacred Feminine within this six-week course through ritual, relationship, divination, dance, and music. Discover the magic of the Goddess and learn to connect to the Sacred Feminine!

Lydia Stec began studying the feminine in spirituality in 1991. She has a degree in Sociology and Women's Studies and has appeared on The Oprah Winfrey Show as well as Politically Incorrect where she addressed issues of gender stereotypes and discrimination. An intuitive all her life, Lydia has been working locally giving lectures and instructing workshops for nearly fifteen years.

**Fee:** \$60 with pre-registration; \$12 per class at the door

**Location:** Spiritual Practice Center

**Facilitator:** Lydia Stec

### **Prosperity in Action**

**October 24 through November 28, 7:00-9:00PM**

Boldly create your money life! Find the lessons and support you need to move forward in a whole new paradigm of money. This class is for anyone—whether wealthy, just hanging in there, or somewhere in between—who wants to feel more confident and empowered in his or her financial life.

**Materials Fee:** \$40 (includes *The Intersection of Joy and Money* by Mackey McNeill and handouts) for new students with pre-registration; \$50 at the door. For those repeating the class, \$15 with pre-registration; \$20 at the door.

**Fee:** This is a tithing class.

**Location:** Friendship Hall

**Facilitator:** Mackey McNeill

### **Metaphysics I**

**September 20 through October 25, 7:00-9:00PM**

Explore some of the commonly held metaphysical principles and concepts inherent in our Unity system of thought. Take this class at the beginning of your journey to learn many of the principles; take it at any point to more fully integrate the teachings into your life.

**Required Book:** Metaphysics I is available at the Unity Bookstore at a 10% discount.

**Fee:** \$60 with pre-registration; \$15 per class at the door. 10 hours of SEE credit offered.

This is a required class for completion of Unity's Spiritual Development Program.

**Location:** Classroom B

**Facilitators:** George and Nancy Whitton, Licensed Unity Teachers

Mondays

Tuesdays

# New Classes at the Center

Tuesdays  
(cont.)

## Knit One, Heal Too!

Every Tuesday beginning September 13, 6:00-9:00PM

*"Knitting is the simplest and most ordinary of activities, yet somehow it mysteriously contains within itself the potential for expanding our conscious awareness."*

Susan Gordon Lydon

Do you love to knit? Do you want to have a good time while creating a meaningful expression of your creativity? Do you want to create in a space that appreciates laughter, prayer, diversity, and community? Then join this group weekly to create shawls to comfort others in times of illness, grief . . . and to celebrate life. This is "spiritual activity" open to everyone. The only requirements are: a belief that prayer heals, a wish to create, a need to give, a desire for community, and a sense of humor. Don't know how to knit, we'll teach you. Tell your friends. Bring your needles, yarn, (your dinner) and your laughter. Materials are available for purchase (or given to those who cannot afford them.) Patterns are free. This is a "drop-in" group, meaning "come when you can, leave when you want." If you want to knit at home and bring in your shawls, that's okay too . . . but we would love to have you share in our community.

**Fee:** Love Offering/Donations gratefully accepted. Contact Kate Jacobs-Spak for a materials list or to request materials.

**Location:** The Spiritual Practice Center

**Coordinators:** Kate Jacobs-Spak and Arlene Meyer. Kate is a member of TKGGA, a chaplain, and has her own advertising and marketing agency. She can be contacted at [kate@knitonehealtoo.org](mailto:kate@knitonehealtoo.org) or by calling 513-231-1007. Arlene leads the "Healing Hands" organization at NTUC and is responsible for the distribution of our prayerful activities.

## An Evening with Three Spiritual Teachers

September 13, 7:00-9:00PM

Join three spiritual teachers as they discuss "consciousness in relationships— part two" and its importance in spiritual growth.

**Fee:** \$15 with pre-registration; \$20 at the door

**Location:** Friendship Hall

**Facilitators:** Rev. Pat Williamson, Rev. Barbara Dixon, and Deborah Ooten, Ph.D.

## The Dance of Life - An Introduction

November 1 through November 29, 7:00-8:30PM

The Dance of Life uses breath, movement and sound to create change, promote healing, and access innate wisdom. In this class you will learn simple techniques to expand your capacity for peacefulness and joy, to break stuck patterns, to ease physical pains, and to access your own wisdom. You will experience just how deeply your body, mind and soul are connected. Come awaken your body and yourself from the inside out and the outside in. (For more information, please see the class flyer.)

Colleen Mangeot, PCC, is a Life and Business Coach, Consultant, Dancer, and Movement Facilitator. She has over 300 hours of study with Emelie Conrad and Susan Harper, and is working toward becoming an Authorized Continuum Movement instructor.

**Fee:** \$10 with pre-registration for the introductory session on November 1; \$12 at the door. \$40 for the remaining classes or \$12 per class at the door.

**Location:** Friendship Hall

**Facilitator:** Colleen Mangeot

Classes, Workshops & Events

# New Classes at the Center

Wednesdays

## Keys to the Kingdom

September 7 through October 19,  
7:30-9:30PM

This 7-week class is an extraordinary commitment to your spiritual growth. Gain a new vision of your highest potential and a greater sense of personal power as well as a new understanding of spiritual law and your partnership with spirit. A greater appreciation for the goodness of life and freedom from the past awaits you!

**Materials Fee:** \$40 for class workbook and tapes/CD upon required pre-registration.

**Fee:** This a tithing class of time, talent, and income. 10 hours of elective SEE credit is available through Unity Institute.

**Location:** Friendship Hall

**Facilitators:** Revs. Pat Williamson and Doris Hoskins

## Unity Way of Life Class

October 26 through November 30, 7:30-9:30PM

What does Unity believe and teach? This is an introductory course that focuses on the core principles of Unity. A required class for all those contemplating membership, it provides an introduction to Unity's approach to God and Life. In addition to spiritual principles, this course will explore the function of the governing body of our Center and its numerous departments.

**Fee:** Love Offering

**Location:** Classroom A

**Facilitators:** Revs. Doris Hoskins and Pat Williamson, and George Whitton, Licensed Unity Teacher

Thursdays

## Computer Classes

October 4 through November 29, 1:00-3:00PM

Come join the fun and learn basic computer skills, how to surf the Internet, send e-mail, and much, much more. Judy Oberton of Web Wise Seniors of Cincinnati provides professional hands-on instruction on how to properly use your computer. If you are new to using computers or would just like a better understanding, these classes are for you. You'll have hands-on experience using the special Web Wise Seniors computer lab, receive learning guides for each course, and have an opportunity to explore and learn new skills.

A free introductory seminar, Understanding Computers, will be offered on Tuesday, October 4. Beginning October 11, the 8 week series includes Basic Computers 1-4, Internet 1 & 2, and E-Mail 1 & 2.

Judy Oberton has been a computer instructor since 1994. She joined Web Wise Seniors in 2004 and loves its concept of providing quality, low-cost training specially designed for senior citizens. All ages, however, are always invited to join!

**Fee:** \$20 per weekly session

**Location:** Classroom A

**Facilitator:** Judy Oberton

**To Pre-register:** Call Judy at 513-706-0916. Minimum of 4 students per class is required.

# New Classes at the Center

## Thursdays (cont.)

### Experiencing Love

**October 6 through November 17, 7:00-9:00PM**

This class is designed to help disclose the gifts you are meant to share. Among the techniques we will explore are Meyers Briggs, Spiritual Gifts Discernment, and the Enneagram. Class participants will focus on a deeper understanding of the principles from the Sunday series, *Experiencing Love*. When we understand our gifts, our own personal experience of ourselves and others is much richer. Pre-registration is required. Sign up now and be one of the 50 class members!

**Materials Fee:** \$50 for new students (includes three books and handouts); \$15 for those repeating the class. Again, pre-registration is required.

**Fee:** Love Offering. 10 hours of elective SEE credit is available through Unity Institute.

**Location:** Friendship Hall

**Facilitators:** Revs. Doris Hoskins and Pat Williamson

### Sacred Heart Circle

**September 29, October 27, & December 1, 7:00-9:00PM**

This meditation experience connects us with the grace energy of God that can be found by getting in contact with our Awakened Heart Center and manifesting the Grace of the Heart in our lives.

**Fee:** Love Offering

**Location:** Spiritual Practice Center

**Facilitator:** Rev. Doris Hoskins

## Fridays

### The 11:11 Teachings of Creator

**November 11, 7:00-9:30PM**

Many people have experienced what has come to be known as the 11:11 phenomenon: the 11 Universal Laws of Creator and the 11 Spiritual Laws of Creator. These sacred teachings and their symbols were given to Chief Black Spotted Horse, Chief of the Yankton Sioux Indian Nation, during ceremony. Learn what these sacred teachings mean and how they apply to our lives and our interaction with all of creation.

Chief Black Spotted Horse is a Sundance Chief and Tribal Chief of the Yankton Sioux Indian Nation. He is an internationally known lecturer, presenter, and author. He has traveled the world and presented the ancient teachings of the 11:11 to many cultures. *"One cannot harness the power of this dimension or this Universe if they have not harnessed the Power of Love."* (Chief Black Spotted Horse)

**Fee:** \$15 with pre-registration; \$20 at the door

**Location:** Friendship Hall

**Facilitator:** Chief Black Spotted Horse

Classes, Workshops & Events

# New Classes at the Center

## Diamond Approach Weekends

**September 9 through September 11**

**October 21 through October 23**

The Diamond Approach is part of the Ridhwan Mystery School, and as such it is a method of self-realization developed by Hameed Ali who has become well known through books written under his pen name, A. H. Almaas. It is characterized by sincere inquiry into one's experience, fueled by the love of truth. The fruition of this path is not simply the realization of this depth but the actualization of True Nature in all its various dimensions and aspects. Our weekend program will include aspects of Essence including lectures, meditation practices and inquiry.

Diamond Approach is a cumulative experience for participants. Each teaching retreat covers a different aspect and is unique. It can be joined at any time.

Neal Carbon has been a certified teacher of the Diamond Approach work since 1991. He has been a student of Hameed Ali (A.H. Almaas) since 1980 and has worked with groups and individuals in Boulder, Colorado, Europe, the Twin Cities, Chicago, Boston and now Cincinnati.

**Times:** Friday, 6:00PM-Free Public Question and Answer Session; 7:00-10:00PM (Open to everyone who wants to try it. You can then register for the weekend if you wish or wait for another session); Saturday, 9:00AM-9:00PM; Sunday, 12:30-6:00PM

**Fee:** See brochure.

**Location:** Spiritual Practice Center

**Facilitator:** Neal Carbon

Saturdays

## Rosanna's Anusara Yoga Class

**September 17 through October 15, 11:30AM-1:00PM**

An exercise in consciousness, this slow-moving and gentle class is designed to help students understand the way their bodies work. Part physical therapy, part chiropractic, part meditative movement and mindfulness training, the yoga-based postures will improve strength, stamina, flexibility and circulation. But that's just the icing on the cake: real yoga expands our awareness of the interconnectedness of our bodies, minds and souls.

Rosanna Juncos is certified through Anusara Yoga, one of the most thorough and prestigious systems in the world of yoga today, and has taught hundreds of students in the Cincinnati area since 1997. She has extensive training in functional anatomy, biomechanics, and yoga therapeutics, and has studied with some of the finest teachers in the nation.

**Fee:** \$50 with pre-registration or \$12 per class at the door

**Location:** Friendship Hall

**Facilitator:** Rosanna Juncos

## Spiral Dynamics

**November 5, 10:00AM-4:00PM**

Join Dr. Deborah Ooten for this workshop on Spiral Dynamics, a revolutionary system that explains the evolution of Human Consciousness: HOW people think about things; WHY people make decisions in different ways; WHY people respond to different motivators; WHY and HOW values arise and spread; and the nature of CHANGE.

**Materials:** *Death of the Mythic God* by Jim Marion is recommended. Receive a 10% discount on this book at the Unity Bookstore by pre-registering!

**Fee:** \$65 with pre-registration; \$75 at the door. (Partial scholarship available for special situation. See facilitator for information.)

**Location:** Classroom B

**Facilitator:** Dr. Deborah Ooten

# New Classes at the Center

Saturdays (cont.)

## Rosanna's Anusara Yoga Class

October 22 through November 19, 11:30-1:00PM

Start or continue your yoga practice with Rosanna. Please see the description on the previous page for the full information.

**Fee:** \$50 with pre-registration or \$12 per class at the door

**Location:** Friendship Hall

**Facilitator:** Rosanna Juncos

## Using Enthusiasm to Deepen Your Connection With Spirit

October 8, 9:00AM-12:00PM

*Enthusiasm: n. [Gr enthousiasmos < enthousiazein, to be inspired, be possessed by a god, inspire < enthous, entheos, possessed by a god < en-, in + theos, god]*

Enthusiasm means different things to different people. It is something that is experienced in a variety of ways. Charles Fillmore, Co-Founder of Unity, has identified it as one of The Twelve Powers. Enthusiasm touches every aspect of our lives. Yet, there is more to enthusiasm than what most people think.

Seekers and Mystics everywhere strive to deepen their connection and relationship with Spirit. Now, with this insightful, experiential workshop you will discover how enthusiasm deepens your connection with Spirit, also opening the way to increased joy and creativity.

**Fee:** \$45 all inclusive with pre-registration (includes workshop fee, *Enthusiasm! How To Draw It To Yourself & Keep It* by Antoinette Webster, and materials); \$55 at the door

**Location:** Spiritual Practice Center

**Facilitator:** Antoinette S. Webster, MBA, is a Master Enthusiast! who has been facilitating programs, researching and writing about enthusiasm since 1990. As a dynamic, practical Speaker, Facilitator, Life/Balance/Spirit Coach and Author, Antoinette works with individuals and groups in moving through the barriers to achieving desired results.

Terry McBride's Workshop  
Joy and Abundance: Your Birthright  
Monday, December 5 & Tuesday, December 6  
\$40 for both nights or \$25 each night  
Tickets available soon

Upcoming!

## Radical Forgiveness Ceremony

September 11, 1:30-4:30PM

If you are ready to let go of the past, then join us for this special ceremony. Based on a native American Healing Circle Ceremony, this largely non-verbal process preserves privacy and anonymity, yet has proven itself to be extremely powerful and effective in allowing people to forgive themselves and others, and to find peace and happiness.

We walk the circle once to silently honor and witness our "story" of what happened. As we see others walk too, we realize we are not alone, and we honor their pain. After a special Radical Forgiveness story, we walk the circle again and affirm that we have come to a new perspective of forgiveness and peace. There is a powerful energy shift and people leave with tears of joy. This is entirely non-threatening and can change your life forever!

**Fee:** \$20 with pre-registration; \$25 at the door

**Location:** Friendship Hall

**Facilitator:** Alice Ryan, Certified Radical Forgiveness Coach

Sundays

Classes, Workshops & Events

## Sundays (cont.)

### Forgiveness in Relationships

December 11, 1:30-4:30PM

All relationships are for spiritual healing. Learn to use the tools of Radical Forgiveness to transform your relationships and experience more joy. Gay Purpura, Certified Radical Forgiveness Coach, has over two years' experience in coaching clients in the Radical Forgiveness Process and has helped many people transform relationships.

**Fee:** \$25 Suggested Love Offering

**Location:** Friendship Hall

**Facilitator:** Gay Purpura

## Fun Fridays



### September 2: Community Fun Pot Luck

7:00-10:00PM in Friendship Hall

SOMETHING NEW AND WONDERFUL! Get this date on your calendar 'cause there will be fun aplenty and the absolute joy of community with your spiritual family! Bring a dish to share (to serve 8 or more). If you have plastic ware, paper plates left over from any occasion, cups, etc., please bring them to help make clean up easy.

There will be joke time – tell your best family friendly one! - board games, card games, eats and treats. This surely will create a festive time for everyone! Could this become a TRADITION??

### September 9: Spiritual Cinema

7:00-10:00PM in Friendship Hall

*Million Dollar Baby* (directed by Clint Eastwood; rated PG-13)

Discussion leader: Paul Darwish

A Winner of 4 Academy Awards (Best Picture, Best Director, Best Actress, Best Supporting Actor), *Million Dollar Baby* is, quite simply, "a masterpiece...the best film of the year." So says film critic Roger Ebert, along with many others. It tells the story of an aging fight trainer (Clint Eastwood) and a hillbilly girl (Hilary Swank) who thinks she can be a boxer. It is narrated by a former boxer who is the trainer's best friend (Morgan Freeman). But it's not a boxing movie. It is a movie about a boxer, and so much more, touching upon some of life's most sacred and emotionally-moving issues. It is provocative, poignant, powerful.

Run time: 133 minutes. Rated PG-13 (for violence, some disturbing images, thematic material, and language).

**Fee:** Love Offering for theatre popcorn, soda or water, discussion, and more!

### September 30: A Novel Experience

7:00-9:00PM in the Spiritual Practice Center

Do you like to read? Do you like to talk? Do you like to listen? If you like to do just one of those things, come to A Novel Experience, NTUC's new book group. Each month the group will pick a book to read, discuss, and enjoy.

To start things off, at our first gathering we will share our thoughts about Barbara Kingsolver's fifth novel, *Prodigal Summer*. Set in Appalachia, three stories are interwoven that celebrate the prodigal spirit of human nature and nature itself. Buy your copy now at the Unity Bookstore at a 20% discount.

**Fee:** Finger food—appetizers, desserts—to share with your fellow book lovers. NTUC will provide the drinks (water, soda, or coffee).

### October 7: Spiritual Cinema

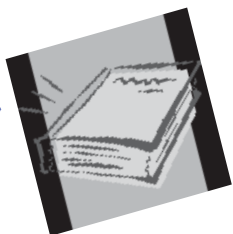
7:00-10:00PM in Friendship Hall

*Friday Night Lights* (directed by Peter Berg; rated PG-13)

Discussion leader: Greg Loomis

In *Friday Night Lights* (2004), economic and racial undertones pervade this adaptation of the acclaimed book by H.G. Bissinger. "The film provides an illuminating look at the hoped-for successes and the built-in failures of trying to live the American Dream through the efforts of a group of talented young men." Run time: 118 minutes. Rated PG-13 (for thematic issues, sexual content, language, some teen drinking and rough sports action).

**Fee:** Love Offering for theatre popcorn, soda or water, discussion, and more!



# Fun Fridays



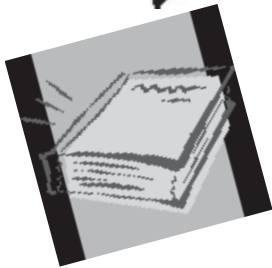
## October 14: Dances of Universal Peace

**7:00-9:00PM in Friendship Hall**

The Dances of Universal Peace are meditative and joyous circle dances that use music, simple movements and chanting of sacred phrases from many of the world's spiritual traditions. The dances focus on peace and harmony, creating a sense of solidarity and community. Join us as we circle around to dance towards one world, within & without. All are welcome. No partners or experience needed. For more information about the Dances of Universal Peace, visit [www.DancesofUniversalPeace.org](http://www.DancesofUniversalPeace.org).

Matin Mize leads retreats internationally as a Certified Dance Leader, Mentor and Teacher of the Dances of Universal Peace. Kate Powers was introduced to the DUP in 1993 and has been leading them since 1997. Mariam Weidner has been studying and leading DUP in various locations throughout the US & UK.

**Fee:** \$10 with pre-registration; \$12 at the door



## November 18: A Novel Experience

**7:00-9:00PM in the Spiritual Practice Center**

If you like to read, talk, and/or listen, join us to discuss the novel of the month. Check in at the Unity Bookstore for this month's selection, and buy your copy at a 20% discount!

**Fee:** Finger food—appetizers, desserts—to share with your fellow book lovers. NTUC will provide the drinks (water, soda, or coffee).

## October 21: The Art of Conscious Eating

**7:00-9:00PM in NTUC Kitchen and Friendship Hall**

We all mean to eat better. We all mean to get more greens, fruits and grains in our diets, and sit down to have a nice meal. But most of us are on the run, with little time to spare, and too often end up grabbing the first fast-food or pre-prepared meal we can get our hands on. Give your body and your life some loving attention: learn to make a delicious, nutritious 20-minute meal, and then sit down to enjoy it with your favorite Unity friends.

Brenda Ghantous approaches cooking like she does everything else: with a great big heart and a healthy dose of humor. Brenda has prepared delicious vegetarian feasts for crowds of happy palates and delighted bellies for more than 20 years. Her experiences in helping out in the family bakery and later owning her own coffee shop have helped Brenda master the art of preparing quick, nutritious vegetarian meals with joy, ease, and fun.

**Fee:** \$20 (includes dinner) with pre-registration; \$25 at the door

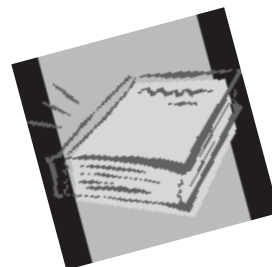


## October 28: A Novel Experience

**7:00-9:00PM in the Spiritual Practice Center**

If you like to read, talk, and/or listen, join us to discuss the novel of the month. Check in at the Unity Bookstore for this month's selection, and buy your copy at a 20% discount!

**Fee:** Finger food—appetizers, desserts—to share with your fellow book lovers. NTUC will provide the drinks (water, soda, or coffee).



## November 4: Spiritual Cinema

**7:00-10:00PM in Friendship Hall**

*Hotel Rwanda* (directed by Terry George; rated PG-13)

Discussion leader: Paul Darwish

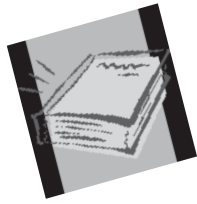
In 1994, civil war broke out in Rwanda between the ruling Hutu tribe and the oppressed Tutsis. A million people were slaughtered while the world looked away. It's a huge subject for one film, leading director and co-writer Terry George (*Some Mother's Son*) to focus on the true story of Paul Rusesabagina (Don Cheadle), the Hutu manager of the posh Milles Collines hotel. Paul saved 1,268 Tutsis from the genocide. In playing an ordinary man who finds a core of heroism he never knew he had, Cheadle looms like a colossus. Paul's efforts to protect his children and his Tutsi wife (the stirring Sophie Okonedo) soon extend to a broader family. Run time: 110 minutes. Rated PG-13 (for violence, disturbing images, and brief strong language).

**Fee:** Love Offering for theatre popcorn, soda or water, discussion, and more!



Classes, Workshops & Events

## Fun Fridays



### November 18: A Novel Experience

**7:00-9:00PM in the Spiritual Practice Center**

If you like to read, talk, and/or listen, join us to discuss the novel of the month. Check in the Unity Bookstore for this month's selection, and buy your copy at a 20% discount!

**Fee:** Finger food—appetizers, desserts—to share with your fellow book lovers. NTUC will provide the drinks (water, soda, or coffee).



### December 2: Spiritual Cinema

**7:00-10:00PM in Friendship Hall**

*Big Fish* (directed by Tim Burton; rated PG-13)

Discussion leader: Greg Loomis

A family drama rich with fantasy, humor and wonder, *Big Fish* (2003) traces the incredible life of Edward Bloom. Bloom has lived life as a charmer, known for his outlandish, richly embellished life stories. *Big Fish* is a tale of love, acceptance and redemption. Director Tim Burton brings his exceptional imagination to the story, weaving dreamy cinematography, symbols, allusions and an impressive ensemble cast that includes Albert Finney, Jessica Lange, Billy Crudup, Ewan McGregor, and Danny DeVito as a circus ringmaster. Run-time: 110 minutes. Rated PG-13 (for a fight scene, some images of nudity, and a suggestive reference).

**Fee:** Love Offering for theatre popcorn, soda or water, discussion, and more!

## On-Going Classes and Groups

### Yoga Movement and Meditation Class w/ Diana Noyes Guy

Relax anytime, anywhere, improve your concentration, and stimulate your creativity!

**Date:** Every Monday

**Time & Location:** 7:00-8:30PM

**Fee:** \$40 per month with pre-registration; \$11 per class at the door

### AA Meeting

Open to anyone with the desire to stop drinking.

**Date:** Every Monday

**Time & Location:** 7:00-8:00PM in Classroom A

**Fee:** Love Offering

*Mondays*

### Tuesday Morning Ministers' Class

Join us for an open and lively book discussion (currently either *The Diamond Approach* or *Practicing the Presence*) facilitated by our Senior Ministry Team. All are welcome to attend.

**Date:** Every Tuesday

**Time & Location:** 10:30AM-12:00PM in Classroom B

**Fee:** Love Offering

**Facilitators:** Rev. Doris Hoskins and Rev. Pat Williamson

*Tuesdays*

### Vibrational Healing Group

If you want to chant or to find out more about chanting, meet with the Vibrational Healing Group. Come feel the peacefulness and oneness of chanting.

**Date:** Third Tuesday of each month

**Time & Location:** 7:00-8:30PM in Classroom B

**Fee:** Love Offering

**Facilitators:** Frieda Hughes and Gary Pennington

# On-Going Classes and Groups

Wednesdays

## Debtors Anonymous

Is your life unmanageable due to credit card debt and overspending?  
Come explore this 12-Step Program.

**Date:** Every Wednesday

**Time and Location:** 5:30-6:30PM in the Library.

**Fee:** Love Offering

## Living Miracles: A Course in Miracles as a Practical Experience

The purpose of this Course is to remind us that we are agents of inner healing, to both diagnose humankind's problems and then combine wisdom, beauty, logic and compassion into a remedy

**Date:** Every Wednesday

**Time & Location:** 7:30 to 8:30PM in the Library

Reading, discussing, sharing and applying the principles of ACIM to our daily lives.

**Fee:** Love Offering

**Facilitator:** Bob Hesford

Saturdays

## Women of Wisdom Discussion Group (WOW)

The Women of Wisdom meet to generate "spirit, friendship, and support among the women of Unity." We share from our hearts, thoughts and minds...to open ourselves to all that Spirit has to offer. This is the true mission of our group!

**First Saturday** of every month from 10:00AM-12:00PM in the Spiritual Practice Center

**Fee:** Love Offering

**Coordinator:** Laura Smith

## Men's Discussion Group

The Men's Discussion Group meets for a light breakfast, followed by an interesting and enthusiastic discussion of a timely topic. All are welcome.

**Second Saturday** of each month from 9:00-11:00AM in Friendship Hall

**Fee:** Love Offering

**Coordinator:** Jerry Stricker

## Crimson Circle

Discuss how to use the Tools for the New Millennium from the Wisdom of Tobias in our everyday life. All are welcome!

**Third Saturday** of each month at 1:00PM in the Spiritual Practice Center

**Fee:** Love Offering

**Coordinator:** Mili Roberts

## Healing Hands

This energy work promotes health, healing, and well being. You can receive its benefits, or if you are a practitioner, administer the Healing Touch Technique. Bring a blanket and pillow.

**Last Saturday** of each month from 10:30AM-12:30PM in Classroom B

**Fee:** \$10 or an affordable donation

**Facilitator:** Daniel Snyder, CHTP

Classes, Workshops & Events



1401 East McMillan Street  
Cincinnati, Ohio 45206-2224

AFFILIATED WITH THE ASSOCIATION OF UNITY CHURCHES  
AND UNITY SCHOOL OF CHRISTIANITY

**ADDRESS SERVICE REQUESTED**

Main Office: 513-961-2527  
Fax: 513-961-0213  
Prayer Request: 513-961-1119  
Dial-A-Prayer: 513-961-1272

**Other Communication Sites**

Web site address: <http://www.ntunity.org>  
E-mail address: [info@ntunity.org](mailto:info@ntunity.org)

Sunday Services.....9:00 AM/11:00 AM  
Wednesday's Mid-Week Service.....6:30 PM  
Center Office Hours.....M-F10:00 AM-6:00 PM  
Bookstore/Library.....M-T-Th-F Noon-7:00 PM  
Wednesday.....Noon-8:00 PM  
Saturday.....10:00 AM-3:00 PM  
Sunday.....8:30 AM-1:30 PM

**Sunday Radio Programs**

*Spiritually Speaking:* 10:30-11:00 AM - WAIF/88.3  
Download George Whitton's *Life is Meant to be Good*  
interviews on our website at [www.ntunity.org](http://www.ntunity.org)

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