

Messenger

Author, Speaker, Metaphysician Walter Starcke to Visit NTUC on Monday, April 4



Walter and Hugo

Walter Starcke shares with us his concepts and those of leading-edge thinkers in science and mysticism from his exciting new book, *The Third Appearance: A Crisis of Perception*. In his workshop he explains how to move from metaphysics to mysticism and reconcile unintentional contradictions that keep us from experiencing ourselves as the presence of God. Starcke boldly asserts: "We live in the most exciting, the most revolutionary, the most creative, the most challenging, and the most dangerous time the world has ever seen... if we are to prosper we have to perceive something that has never been seen before. We must literally close the gap between our divinity and our humanity, between the visible and the invisible and between consciousness and form."

Starcke has studied the major world religions, hoping to find the universal truths that were apparent in all, while traveling around the world a half dozen times. Starcke's main mentor was the mystic, Joel Goldsmith, with whom he traveled, studied, and had a close association for 18 years.

In 1976 Starcke authored his first book, *The Double Thread*, of which Tennessee Williams wrote, "With simple and deeply personal eloquence, Walter Starcke explores for us a way out of and above the finally fatal world of materialism." *The Ultimate Revolution* and *The Gospel of Relativity* followed, both of which became best sellers. In 1989 Starcke wrote *Homesick for Heaven: You Don't Have To Wait*, his most autobiographical book, followed by *It's All God*. *The Third Appearance: A Crisis of Perception* is his most explosive and controversial book.

In 2000 the International New Thought Alliance awarded Starcke the "Mystic Century Award." He has received a Doctor of Divinity degree from the Emerson Theological Institute and is presently serving on the Board of Directors of the Unity School for Religious Studies.

For additional information, please see page 8.

Musical Theater Camp Dates Announced

Music Director David Kisor has announced plans for NTUC's second Musical Theater Camp for children ages 4-16. David, whose credits include works recently performed at The Ensemble Theater and UC's CCM, will be joined by a choreographer and an acting coach.

Camp will begin for ages 8 and above on June 13 and run through June 25 from 12:30-4:00 in the afternoon here at NTUC. Ages 5-7 will join in starting June 20. Cost is only \$75 for 4-7 year olds (1 week), \$150 for ages 8-16, (2 weeks). All the training culminates in an original Kisor production of *The Muses*, with an evening performance of 7:30PM on Friday, June 24, and a matinee on Saturday, June 25 at 2:30PM.

Call the office for a registration form and take advantage of this wonderful opportunity for your child to learn from one of the best musical talents around.

transforming lives

experiencing love

Board News

Dear Friends Of Unity:



Carol Wehmann

The early months of 2005 have given rise to many challenges for our community. We have been participants in Communicating with Compassion, a Season for Non-Violence, Town Hall meetings to examine the direction of the Center, Annual Membership meeting and installation of New Board Members, as well as many individual choices and challenges both spiritual and personal. It has been truly a

transformational period for all.

A new Season has begun, and with it the hopes and dreams of renewal of the mission of the Center. May we continue to meet the needs of the congregation and maintain the responsibility in all facets of our community to be the spiritual foundation of all who attend.

May we extend our thanks for your efforts to improve and support the Center with your individual contributions of time and treasure. We hope to continue to improve in as many areas as feasible and look for your prayers and support in these efforts.

We know we have a wonderful Center that is cherished by those who attend and support our mission. May we continue to be blessed and grow in the strength of our spirituality as well in the number of seekers who have found this a place for transforming their lives.

Blessings, Carol

We give "thanks" for three very special people. Roger Evans, Kay Leeds and Lee Meyer are our Board Members whose three-year terms have expired. (In Lee's case, TWO terms!) We are forever grateful for the level of service and commitment that these wonderful people have given to our spiritual community.

*We are already one and we imagine we are not.
And what we have to recover is our original unity.
Whatever we have to be is what we are.*

Thomas Merton

Results from the Annual Meeting

At the Annual Meeting on Sunday, March 6, new Board Members were elected, as well as a new Chairperson for the Nominating Committee.

The newest members are Carol Benton, Robert Jackson and Leslie Ostrander. Stephanie Royers, who was already serving out the unexpired term of

News From the Youth and Family Ministry

Thanks to all the folks who continue to bring in the empty ink cartridges for recycling. All inkjet cartridges must have a print head to be recycled. We have received \$677 from the recycled cartridges.

The Children's Choir will perform at both Services on Sunday, May 29, 2005. The children practice in the Music Room on the second floor of the Y&FM building. The practice dates are April 17 and 24, *May 1, 8, 15 and 22 at 10:30AM*. The director is volunteer Cemantha Sidell.

The Parents Group continues to meet on Tuesdays from 10-11:00AM in the Y&FM building. This is a parents support group. It is informal and open to all parents. John Verschoor, a volunteer, leads the group. There is no fee for participating with this group.

The Uniteens (grades 6-8) continue their monthly Bake Sales. The Uniteen's Bake Sale takes place in Friendship Hall the Second Sunday of each month. The monies are used to send the Uniteens to Rally. "Thank you, NTUC for helping us go to Rally!"

The excitement is high as the Uniteens prepare for their Rally in Jackson, Michigan. We have 19 active Uniteens. The event is at the YMCA Storer Camp in Michigan. The group leaves Cincinnati on Friday, April 29th and returns on Sunday, May 1st. The kids from Dayton will travel with our teens by bus to the Rally. We encourage each Uniteen to go to this Spiritual Adventure.

Scholarships can be donated to the Uniteens by contacting Regina Steimle @ 961-2527 at ex.125.

The YOU (high school students) are busy preparing for their rally at Hope College in Michigan. The preparation is intense. The YOU is studying the book, *The 7 Spiritual Laws of Success* by Deepak Chropa.

The Y&FM honors our mothers on Mother's Day, May 8th. We honor our fathers on Father's Day, June 19th.

The really BIG news is the Musical Theatre Camp, June 13-24th. This year's production is titled *Muses*, written by David Kisor. The registration begins Sunday, April 3rd in Friendship Hall. The two-week session opens on Monday, June 13th. We meet each day from 12 noon-4pm.

Each child needs to pack a brown bag lunch. Children 8 years and up attend the full 2 weeks, Monday-Friday. The 5-7 year olds attend the second week only, June 20-24th. Performances are Friday, June 24 at 7pm and Saturday, June 25th at 2pm.

Watch for more news about the play on our web site www.ntunity.org.

Bob Arlinghaus, was also elected. The alternate is Tracy Mazzone.

Serving as the Chairperson for the Nominating Committee is Roger Evans.

The Board, which regularly meets on the fourth Tuesday of the month, met at a special session on Tuesday, March 8, to elect officers. Reelected officers include Carol Wehmann as President; Linda Naylor as Vice-President; Stephanie Royers as Treasurer; and Bill Eagan as Assistant Treasurer. Leslie Ostrander was elected Secretary.

Ministry Support Services

Personal Consultations

You don't have to handle life's challenges alone. You can call on our ministers and Licensed Unity Teachers for support in dealing with difficult changes, events and decisions or to explore questions of a spiritual nature. We offer three visits on a love-offering basis. Call Peggy at 513.961.2527, ext. 100, if you would like an appointment.

Prayer Ministry

Unity is with you at all times – in person, by telephone, or on a recorded message – to pray with you, to give you support, to be your friend. You may inform us of your prayer request by calling 513.961.1119, 24 hours a day.

PRAYER REQUEST BOX

Fill out your prayer request slip and drop it in the Prayer Request Box located in the Sanctuary or Chapel. After a time of prayer, this list is sent to Silent Unity where your request is held in prayer for 30 days. You can also phone the Center office at 513.961.2527 to make your request known.

MEDITATION SERVICE

Noon meditations are conducted in the Chapel Monday through Friday from 12:00 to 12:30 PM and Sunday mornings at 8:30 and 10:30. The Chapel is open during the week from 10:00 AM to 4:00 PM for your private meditations.

Helping Hands With heart

The Helping Hands Team can assist you when you're unable to physically help yourself. This might be following a hospitalization, accident, emergency, or if your family is out of town. You may need to have errands run or some household tasks performed. Helping Hands is not for long-term care. It has no monetary budget and therefore cannot provide assistance for financial problems. The team is, however, ready to help you out in your time of need as we also have information about other agencies in the greater Cincinnati community. If you need assistance, don't hesitate to call either Gladys (513-731-0877) or Arlene (513-751-7249) or the church office for contact with our spiritual community's loving benefits.

Chaplaincy Program

Our Chaplains are here to support you on your spiritual journey. A Chaplain is someone who can listen to you and will hold what they hear in confidence. A Chaplain is someone who can pray with you. If you would like to speak with a Chaplain, just call the Center at 513.961.2527 and your request will be forwarded.

Ministry Team

Senior Ministry Team

Rev. Doris Hoskins
Rev. Pat Williamson

Assistant to the Ministers
George Whitton

Licensed Unity Teachers:
George Whitton
Nancy Whitton

Staff

Accountant
Debbie Zitnik

Administrative Assistant
Theresa Kleintank

Adult Education
Lou Freeman

Bookstore/Library Manager
Bob Hesford

Custodian
Carl Detzel
Sherman Bell

Director of Ministry Services
John Carsman

Executive Housekeeping
Barb Burkart

General Maintenance
Craig McCoy

Music Director
David Kisor

Radio Programming
George Whitton

Receptionist/Office Assistant
Peggy Weyand

Sound Technicians
Jeanne Blessing Scott Brooks
Steve Lang Mark O'Keefe
Danielle Adams

Unity Art Gallery
Suzanne Lambert

Wedding Coordinators
Peggy Weyand and
Theresa Kleintank

Youth & Family Team
Regina Steimle Ellen Masters
Lisa Dove Lynn Rohr

Youth of Unity
Sarah Keys
John Phelps

Uniteens
Theresa Beckman
Stephanie Royers

Volunteer Coordinators
Arlene & Lee Meyer

Board of Trustees

President: Carol Wehmann

Vice President: Linda Naylor

Secretary: Leslie Ostrander

Treasurer: Stephanie Royers

Assistant Treasurer: Bill Eagan

Members: Arnetta Barnes
Carol Benton Robert Jacobson
Gay Purpura Linda Thomas
William Walters Gary Wenck

FROM THE VOLUNTEER DESK

Hey everybody: HEADS UP! The Rummage Sale is alive and well and accepting all items! You can bring items to the Center and we'll transport your items to our storage place. Of course, we can use your help in any form you can lend it. We're always grateful for your enthusiasm and support, especially for an event this huge! Remember to mark you calendars for this important event..... April 30 from 9:00-3:00PM and May 1st from 9:00-2:00PM You can help, you can buy, you can participate in many ways.....**JUST DO IT!!!** We have a Pre-Sale Boutique in Friendship Hall on Sundays when space allows.....you can purchase better items ahead of time and take them with you. All the proceeds go toward the Center's operating budget.....talk to either Arlene Meyer or Gladys Warren or call the Center at 513-961-2527.

A big **THANK YOU** to all of the **HELPING HANDS TEAM**.....although our need has not been overwhelming, (which is good!) from those we've served, there has been much gratitude expressed! How wonderful to have an extended family (YOU!) always there for one another.....**THANK YOU! THANK YOU! THANK YOU!**

The "Volunteer Business" at NTUC is alive and well....you can always contact Arlene Meyer and find out how you can help within our Spiritual Community, be it a "one time detail" or joining a team for a longer commitment! (Not to mention meeting lots of new friends!) Dawn and David had many of you at their concert helping them with the details and making the evening a success. Keep "helping Unity" one of your purposes every day!

Blessings to you,
Arlene and Lee meyer

Smart Giving

by Mackey M. McNeill, CPA/PFS

Imagine monthly special music guests at New Thought Unity.

Imagine the "Katherine and John Smart" annual scholarship to provide a New Thought teen a trip to Conference at Unity Village. Imagine Classroom A with your name on the door, recently upgraded with new paint, art, comfy chairs and a built in DVD player. Or imagine a special reserve fund providing New Thought Unity Center with on-going revenue in good times and bad.

These are just a few of the possibilities too numerous to articulate and limited only by your imagination. When you leave this earth, you will leave a legacy.

4

The 2005 Women of Wisdom Retreat



Reflections in Peace

Join us May 13-15, as we explore the various ways in which PEACE influences our lives. We will take a unique look at PEACE through relationships, PEACE in Nature, and PEACE in one's self. Through a blend of inspirational speakers and spiritual activities, outdoor exploration and inner reflection, and a hands-on approach to self expression, we will uncover the abundance of PEACE that is reflected in each of us.

Registration includes a private room for two nights, five meals, snacks, workshop supplies and many surprises. Friday evening's dinner is available at a cost of \$7.00 (served promptly at 5:40). The retreat will be held at the Moyer Spiritual Center, in the Greater Cincinnati area.

The cost is \$170 if paid before May 1; \$205 if paid after that date. A \$75 deposit will hold your reservation. NO refunds after 5/1, but substitutions are welcome.

Due to allergies, your cooperation in keeping this a perfume-free weekend is appreciated. For more information, please call 513-336-9077 or 513-474-6764.

Brochures and registration forms are available at the Center or you may download a registration form from our web site at www.ntunity.org/

Why not leave a Legacy?

Most of that legacy will have been in the way you walked on the earth. Another part of your legacy is what you do with your money.

If you have a taxable estate, a portion of that legacy will assist the US Government with its objectives. Why not be proactive and choose how your money is spent? Leave a legacy that makes a difference in your community, in your spiritual home and in your family. Consider making New Thought Unity Center a benefactor of your will.

For more information, contact either Rev. Doris or Rev. Pat at the New Thought Unity Center.

This information is general in nature. Consult your tax or financial planning advisor to see if a planned gift for New Thought Unity Center fits into your estate plans.

Thinking Of Becoming A Member?

Unity
Way of
Life

For those who are curious about becoming a member of the Center OR just have a desire to learn more about Unity, we offer the Unity Way of Life class. Beyond learning about basic Unity principles, attendees also will learn who's who and what's what at the Center during this five-week class. It is the perfect class to attend whether you're contemplating membership, just want to find out more about the Unity Movement or perhaps to know how the Center determines who serves on the Board of Trustees. The series of classes is offered three times a year with the next session beginning Tuesday, May 24 and ending June 21. See page 9 for more details.

A reminder for those joining: New Member Sunday is June 26.

1st Annual
Rummage
Sale

Saturday, April 30
& Sunday, May 1

Start this Spring off on the right foot:

Clean out your
garage!

See "From the Volunteer Desk" on page 4
for all the details.

The Diamond Approach

*A contemporary spiritual
path that has arisen in
response to the needs of
today's humanity.*

New Workshop Dates!
Friday, June 3 thru
Sunday, June 5

Fridays: 7:00-10:00PM

Saturdays: 9:00AM-9:00PM

Sundays: 12:30PM-6:00PM

Pick up a brochure at the Happenings Table or call
Rev. Doris at 513-961-2527.

WONDERFUL WEDNESDAYS

Midweek Service with Reverend Pat Williamson,
David Kisor, and the NTUC Music Team
Music, Meditation, and Message
6:30-7:15

The Quest for Meaning: Living a Life of Purpose

Begins May 11

This series is based on the book of the same title by Jim Rosemergy. During this series we will look inside to discover our purpose here on earth, add meaning to our lives, and find fulfillment in everything we do. We will discover the missing piece we've been searching for a greater awareness of God's presence.

May 11	Our Unity of Purpose
May 18	A Call with a Call
May 25	The Greater Circle
June 8	I Feel God's Pleasure
June 15	Sacred Work
June 22	There's Work for You to Do
June 29	If You Had Never Lived

The Power of Intention

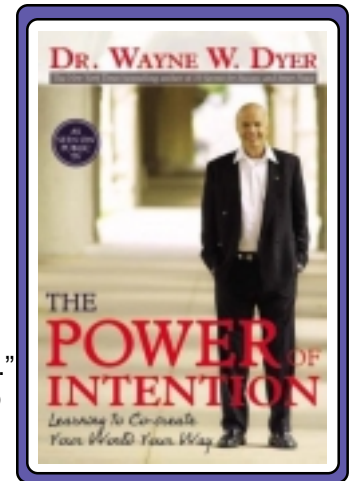
BEGINS APRIL 17th

Topic for 8-Week Series based on Wayne Dyer Book

THE POWER OF INTENTION based on the book by Wayne Dyer, begins on Sunday, April 17th. Dr. Dyer in his newest book says, "intention as a force in the universe ALLOWS the act of creation to take place. It is an energy that you're a part of."

During this series we will look at the principles of intention, and how to remember to make the connection to this invisible force, that we are all a part of. And then we will look at specific ways to apply the co-creating principles to daily life.

We are excited about this new series for we know that we together will learn how to change the energy of our lives, acquire abundance and feel at peace in the world. We urge you to explore with us *The Power of Intention*. The book will be discounted during this series in our bookstore.



April 17	Essentials of Intention Part A
April 24	Essentials of Intention Part B
May 1	Respecting Myself at All Times
May 8	Being Authentic and Peaceful with all of My Relatives
May 15	Feeling Successful and Attracting Abundance
May 22	Something special-See below!
May 29	Attracting Ideal People and Divine Relationships
June 5	Living a Stress-Free Tranquil Life
June 12	Portrait of an Intentional Person



Who's the Birthday Girl?

May 22nd is also a very special day as we take a pause from the series and celebrate Rev. Doris's speed limit birthday. (Yes, 60 is the number!) Her actual birthday is May 20, and yet we are celebrating it on Sunday, May 22nd. We will have special surprise guests and special music to share with you. Don't miss this once in a lifetime event. Party time!!



WONDERFUL WEDNESDAYS

April 6- May 4

The Journey of the Divine Feminine



The Wednesday
Midweek Service with
Reverend Pat,
David Kisor, and the
NTUC Music Team
6:30-7:15PM

Patrick Mills will be our guest for this series, and yes, believe it or not, he will share how the apron has been a part of that journey. So if you have a special apron, or a special story about an apron, (maybe even one your grandmother, or mother wore) that you would like to share, please feel free to call or email Rev. Pat at 513-961-2527 ext. 114, or revpat@ntunity.org Special aprons will be on display in Friendship Hall for this series.

April 6
The Divine Feminine
April 13
Freedom from Bondage
or Liberty?
April 20
Two Becoming One
April 27
The Spiritual Law
of Service
May 4
Community and Our
Common Language

Passport to Transformation

Reverend Doris continues with her series, *Passport to Transformation*. This series was developed because of requests for an in-depth study of our five Unity Principles. Each three-week segment of the series explores one theme followed by a Heart Awakening Meditation experience on the fourth week.

This meditation experience connects us with the grace energy of God that can be found by getting in contact with our Awakened Heart Center and manifesting the Grace of the Heart in our lives.

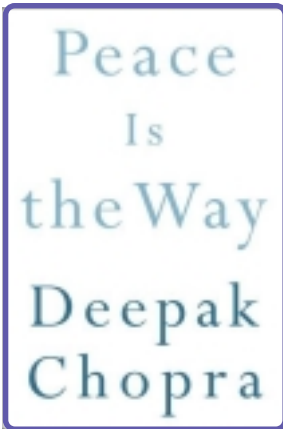
See page 11 for more information.

Deepening Your Involvement

Have you heard of Unity's Spiritual Development Program and wondered what it actually was? Have you questioned what SEE (formerly CEP) credit is and why it is offered for some classes at NTUC? Have you dreamed of going to Unity Village and taking classes? Has the thought of becoming a Licensed Unity Teacher or Minister ever crossed your mind? Come join George Whitton, Licensed Unity Teacher, and Lou Freeman, Director of Adult Education, for another update on the latest information from Unity's Spiritual Education and Enrichment (SEE) Department and as they answer as many of your questions as possible.

Sunday, April 17, at 12:30PM in Classroom B.

Bookstore News



What? Another new book by Deepak Chopra? Absolutely true and a timely one at that. Chopra's latest is entitled *Peace is the Way* and in this book the author brings the idea of peace into focus as the gentle power over conflict, hatred and despair. He invites us all to bring the vision of peace to the forefront of our individual and collective consciousness, that point where our thoughts will manifest into reality. He asks us to "stop reacting out of fear, to change your allegiance from violence to peace." We are called to bring an end to the idea of war itself as a way of settling differences and seek means to contribute to peace. A perfect read anytime, especially during *The Season for Nonviolence* from February to April.



Bookstore Bob Hesford



Books that feature animals are always popular for young and old alike. A new book by talented author and speaker Zig Ziglar who experiences a very unique relationship with friend, confidant and Welsh Corgi named Taffy (aka Dirty Dog).

The book's title speaks for itself; *Conversations With My Dog*. Together they discuss health, happiness, faith and the nature of dogs and how to improve all relationships. It is an enjoyable read and one that will leave you with much to consider.

The Bookstore is now open late on weeknights!



Also there are three new books for children (young and old) that are based on familiar stories to us all. Collectively called *Fairy Tails*, they are retellings of *Sleeping Beauty*, *Cinderella* and *Snow White*. What really makes them special are the photographic illustrations where all the characters are portrayed by man's best friend, the four-legged canine, dogs of all sorts. A refreshing new look that will bring a gift of lightness to you and your young friends. Don't miss them!

F

Mark Your Calendar

Sunday, April 3	Spring Ahead One Hour
Monday, April 4	An Evening with Walter Starcke
Tuesday, April 5	<i>Life of Prayer</i> starts
Thursday, April 7	<i>Passport to Transformation</i> starts
Sunday, April 10	<i>Journey to Freedom</i> workshop
Friday, April 15	Chaplain Retreat weekend
Monday, April 18	<i>Prosperity</i> with Rev. Greg Wissman begins
Friday, April 22 & Saturday, April 23	<i>Finding the Great Reality Deep Within</i>
Friday, April 29	Uniteens leave for rally
Saturday, April 30 & Sunday, May 1	Rummage Sale
Wednesday, May 4	<i>How to Let God Help You</i> starts
Thursday, May 5	<i>Power of Decision</i> begins
Sunday, May 8	Child Blessing
Tuesday, May 10	<i>Healing Through History</i>
Friday, May 13	WOW Retreat weekend
Tuesday, May 17	<i>An Evening with Three Spiritual Teachers</i>
Friday, May 20	Open Mic Night
Sunday, May 22	<i>Forgiveness in Relationships</i>
Tuesday, May 24	<i>Unity Way of Life</i> starts
Friday, June 3	Diamond Approach weekend
June 13-June 24	Summer Musical Theater Camp

Mondays

To register for a class, please submit the completed Pre-Registration Form with payment at the Happenings Table. If using a credit card, you may also call 513-961-2527 to pre-register. **Remember:** Pre-registration ends the Sunday before the event!

Yoga Movement and Meditation Class with Diana Noyes Guy

Relax anytime, anywhere, improve your concentration, and stimulate your creativity! Join Diana Noyes Guy on Monday evenings and experience what millions have enjoyed for centuries...Yoga!

Date: Every Monday

Time & Location: 7:00-8:30PM in Friendship Hall.

Fee: \$40 per month with pre-registration; \$11 per class at the door

Facilitator: Diana Noyes Guy

An Evening with Walter Starcke Moving from Metaphysics to Mysticism

Walter Starcke shares with us his concepts and those of leading-edge thinkers in science and mysticism from his exciting new book, *The Third Appearance: A Crisis of Perception*. (see page 1 for more details.)

Date: Monday, April 4

Time & Location: 7:00-9:00PM in the Sanctuary

Books: *The Third Appearance* plus many of Walter's other books will be available at the Unity Bookstore.

Fee: \$15 Suggested Love Offering

Facilitator: Walter Starcke

huge!

Rummage Sale April 30 & May 1

See "From the Volunteer Desk" on page 4 for all the details.

**One Divine Spirit's Junk is
Another Divine Spirit's Treasure.**

AA Meeting

Open to anyone with the desire to stop drinking.

Date: Every Monday

Time & Location: 7:00-8:00PM in Classroom A

Fee: Love Offering

Prosperity

Reverend Greg Wissman leads us in this study of the fundamental laws of prosperity. Charles Fillmore's classic, *Prosperity*, forms the basis for this examination of prosperity – in concept and application- as a way of life. Learn to apply these laws to yours!

Date: Mondays, April 18 through May 23

Time & Location: 7:00-9:00PM in Classroom B

Required Book: *Prosperity* by Charles Fillmore. Pre-register and receive a 10% discount at Unity Bookstore on this book.

Fee: \$70 with pre-registration or \$15 per class at the door. 10 hours of SEE credit offered. This is a required class for completion of Unity's Spiritual Development Program.

Facilitator: Reverend Greg Wissman, Church of Today, Monroe, Ohio

mondays (cont.)

Investing Basics

“Everything you always wanted to know but did not know who to ask”

What do I really need to know? How do I make sense out of the stock market? Are stocks too risky? Are bonds what I need? How do I manage my risk? How do I invest so I won't run out of money in retirement? What is diversification? How do I hire an advisor? Hear the answers to these and many more questions. This class is designed to educate you and offers a practical and actionable approach to help you understand and master the maze of investing.

Date: Mondays, June 6 through June 20

Time & Location: 6:15-7:45PM in Classroom B

Materials: Provided during the class

Materials Fee: \$10 during pre-registration; \$15 at the door.

Fee: Each class participant determines his/her contribution based upon value received.

Facilitator: Mackey McNeill, CPA, PFS, RIA

Tuesdays

Tuesday Morning Ministers' Class

Join us for an open and lively book discussion (currently either *The Diamond Approach* or *Practicing the Presence*) facilitated by our Senior Ministry Team. All are welcome to attend.

Date: Every Tuesday

Time & Location: 10:30AM-12:00PM in Classroom B

Fee: Love Offering

Facilitators: Rev. Doris Hoskins and Rev. Pat Williamson

Unity Chanting Group

If you want to chant or to find out more about chanting, meet with the Unity Chanting Group. Come feel the peacefulness and oneness of chanting.

Date: The third Tuesday of each month.

Time & Location: 7:00-8:30PM in Classroom B

Fee: Love Offering

Facilitators: Frieda Hughes and Gary Pennington

Life of Prayer

Explore the benefits and purposes of prayer, seek methods for deepening your personal prayer life, and develop a credo for your prayer life. This is Part A of a two part series and is not a prerequisite for Life of Prayer, Part B.

Date: Tuesdays, April 5 through May 3

Time & Location: 7:00-9:00PM in Friendship Hall

Required Book: *Life of Prayer Workbook*. Pre-register and receive a 10% discount at Unity Bookstore on this book.

Recommended Books: *A Practical Guide to Meditation and Prayer* by J. Douglas Bottorff; *A Heart Full of Peace* by Rev. Pat Barker, Lin Heald, and Nancy Whitton. Purchase either book at Unity Bookstore and receive a 10% discount!

Fee: \$60 with pre-registration; \$75 at the door or \$15 per class. 10 hours of SEE credit offered. This is a required class for completion of Unity's Spiritual Development Program.

Facilitators: George and Nancy Whitton, Licensed Unity Teachers

Unity Way of Life Class: A Required Class for New Members

What does Unity believe and teach? This is an introductory course that focuses on the core principles of Unity. A required class for all those contemplating membership, it provides an introduction to Unity's approach to God and Life. In addition to spiritual principles, this course will explore the function of the governing body of our Center and its numerous departments.

Date: Tuesdays, May 24 through June 21

Time & Location: 7:00-9:00PM in Classroom A

Fee: Love Offering

Facilitators: Revs. Doris Hoskins and Pat Williamson, and George Whitton, Licensed Unity Teacher

Classes, Workshops & Events 10

Tuesdays (cont.)

Healing Through History

This introductory session to Healing through History is from the "Why Aren't We Further?" module of the full Healing Through History program. It uses audience participation to create an enjoyable and impactful learning experience. This module explores the evolution of hidden social dynamics that lead to the disagreements that Blacks and Whites have about interracial conditions in the U.S. These dynamics tend to be particularly "invisible" to Whites, and thus offer perspective on why interracial tensions are so persistent and what must be done to remedy them.

Tony Malinauskas is the Healing Through History (HTH) Program Director at the National Conference for Community & Justice (NCCJ). NCCJ is a human relations organization (non-profit) dedicated to promoting understanding and respect among all races, religions and cultures through advocacy, conflict resolution and education. Founded in 1927, HTH is founding organization of the National Underground Railroad Freedom Center. HTH is meant to be a major community-building initiative under the auspices of both organizations.

Date: Tuesday, May 10

Time & Location: 7:00-8:00PM in Classroom A

Fee: Free

Facilitator: Tony Malinauskas

An Evening with Three Spiritual Teachers

Come and join three spiritual teachers as they discuss "consciousness" and its importance in spiritual growth. Charles Fillmore, co-founder of Unity and a New Thought pioneer, says that "consciousness is a sense of awareness, of knowing. It is the sum total of all ideas accumulated in and affecting one's present being." As we grow spiritually, with a mind filled with thoughts of power, strength, generosity, purity, and optimism, we begin to evolve and actually ascend in consciousness.

Date: Tuesday, May 17

Time & Location: 7:00-9:00PM in Friendship Hall

Fee: \$15 Suggested Love Offering

Facilitators: Rev. Pat Williamson, Barbara Dixon, and Deborah Ooten, Ph.D.

To register for a class, please submit the completed Pre-Registration Form with payment at the Happenings Table. If using a credit card, you may also call 513-961-2527 to pre-register. **Remember:** Pre-registration ends the Sunday before the event!

Wednesdays

How to Let God Help You

Gain a sense of the strength and depth of Myrtle Fillmore, Unity cofounder and pioneer in the New Thought community, as you explore her writings - from mystical to practical. With Reverend Pat Williamson as your guide, learn how to let God help you.

Date: Wednesday, May 4 through June 29 (no class on June 8 or 15)

Time & Location: 7:30-9:00PM in Friendship Hall. This class follows Wonderful Wednesday service. Come join us for both!

Required Book: *How to Let God Help You*. Pre-register and receive a 10% discount at Unity Bookstore on this book.

Materials Fee: \$10 with pre-registration; \$15 at the door

Fee: \$10 Suggested Love Offering per class. 10 hours of SEE credit offered. This is a required class for completion of Unity's Spiritual Development Program.

Facilitator: Rev. Pat Williamson

Living Miracles – A Course in Miracles as a Practical Experience

The purpose of this Course is to remind us that we are agents of inner healing, to both diagnose humankind's problems and then combine wisdom, beauty, logic and compassion into a remedy that is simple, practical and extremely effective. Class participants willingly make a commitment to complete the course, a "journey without distance." Open to all.

Date: Every Wednesday

Time & Location: 7:30-8:30PM in the Library

Materials: *A Course In Miracles* (the second edition is recommended)

Fee: Love Offering

Facilitator: Bob Hesford

Thursdays

Passport to Transformation

Reverend Doris continues the series, Passport to Transformation, based on the five basic Unity principles. Each month-long segment will consist of a three week mini-series on a principle followed by a Heart Circle Meditation experience. This meditation experience connects us with the grace energy of God that can be found by getting in contact with our Awakened Heart Center and manifesting the Grace of the Heart in our lives.

Date: April 7, 14, 21 Co-Creating with God through Prayer
April 28 Heart Circle Meditation (open to all!)
May 5, 12, 19 Living God
May 26 Heart Circle Meditation (open to all!)

Time & Location: 7:00-9:00PM in Friendship Hall

Materials Fee: \$20 for April and May with pre-registration; \$25 at the door for both months; OR \$10 per month with pre-registration; \$15 at the door.

Fee: Love Offering. 5 hours of SEE credit are available for each month's segment.

Facilitator: Reverend Doris Hoskins

The Power of Decision

The Thursday afternoon class returns with *The Power of Decision!* The ability to make decisions is essential to strong, successful living, yet most people have difficulty deciding what to have for dinner. Indecisive people are prone to failure or at least limited success. Raymond Charles Barker, author of *The Power of Decision*, explores decision making for every aspect of your life. Find out why being in this class just might be one of the best decisions that you ever make!

Reverend Pat Williamson and Barbara Dixon will co-facilitate this class. Barbara is the founder of Mindful Resolutions, her coaching practice, and the creator of the Mindful Millionaires Game. She is a life coach, hypnotherapist, author, and a spiritual teacher/student, and was ordained in 1983. Over the past 20 years Barbara has taught spiritual principles and lead seminars throughout the United States.

Date: Thursdays, May 5 through June 2

Time & Location: 2:00-4:00PM in Classroom B

Required Book: *The Power of Decision* is available in the Unity Bookstore at a 10% discount for class participants.

Materials Fee: \$10 with pre-registration; \$15 at the door

Fee: Love Offering; 10 hours of elective SEE credit offered.

Facilitators: Reverend Pat Williamson and Barbara Dixon

Fridays

Finding the Great Reality Deep Within

Join Dr. Deborah Ooten and Merri Monks of the Conscious Living Center for "Finding the Great Reality Deep Within," a workshop about the Enneagram and recovery from addictions via the Twelve Steps. Friday evening's session will be an introduction to the nine personality types of the Enneagram, featuring Narrative Tradition panels (people who know their type speaking for themselves). Saturday's session will demonstrate how the Enneagram can illuminate the recovery process and assist 12-Steppers in their inventory, amends, prayer and meditation, and service. No prior knowledge of the Enneagram nor membership in a 12-step program is necessary.

Date: Friday, April 22 and Saturday, April 23

Time & Location: Friday, 7:00-9:00PM; Saturday, 10:00AM - 4:30PM; Friendship Hall.

Recommended Materials: *The Essential Enneagram* by David Daniels, M.D. and Virginia Price, Ph.D.; *The Pocket Enneagram* by Helen Palmer; *Alcoholics Anonymous* (the first 164 pages); *The Twelve Steps and Twelve Traditions*. These four books will be available for sale at the workshop.

Fee: \$65 with pre-registration or \$75 at the door; Love Offering accepted from those unable to afford the registration cost.

Facilitators: Deborah Ooten, PhD and Merri Monks, MA

Classes, Workshops & Events¹²

Fridays (cont.)

Diamond Approach Weekend

The Diamond Approach is a method of self-realization developed by Hameed Ali who has become well known through books written under his pen name, A. H. Almaas. It is characterized by sincere inquiry into one's experience, fueled by the love of truth. The immediate contact with the truth of our experience allows the unfoldment of our soul to reach increasingly deeper levels of truth, each level a valid expression and display of the deepest Truth. The fruition of this path is not simply the realization of this depth but the actualization of True Nature in all its various dimensions and aspects.

Our weekend program will include the fundamentals of the Diamond Approach which include lectures, meditation practices and inquiry. Diamond Approach is a cumulative experience for participants. It also can be joined at any time.

Date: Friday, June 3 through Sunday, June 5

Time & Location: Friday, 7:00-10:00PM; Saturday, 9:00 AM-9:00PM; Sunday, 12:30-6:00PM; Spiritual Practice Center

Fee: See brochure.

Facilitator: Neal Carbon

To register for a class, please submit the completed Pre-Registration Form with payment at the Happenings Table. If using a credit card, you may also call 513-961-2527 to pre-register.
Remember: Pre-registration ends the Sunday before the event!

Saturdays

Meditative Movement through Anusara Yoga

This class began on March 19, but feel free to join now! Moving slowly and mindfully through a variety of yoga postures, the class is designed to help beginners learn the basics of intelligent movement - biomechanics - and give them valuable information they can take into any activity, from the board room to the gym. Classes will build strength, flexibility, and endurance, but are most importantly designed to teach mindfulness and awareness.

Rosanna Juncos is an Anusara Certified teacher, and has thousands of hours of training in functional anatomy, yoga therapeutics and yoga philosophy, as well as the yoga postures. She has studied with some of the finest instructors in the nation and has been teaching in the Cincinnati area since 1997.

Date: Saturdays, March 19 through April 23

Time & Location: 11:00AM-12:30PM in Friendship Hall

Fee: \$60 with pre-registration or \$12 per class at the door

Facilitator: Rosanna Juncos

Women of Wisdom Discussion Group (WOW)

The Women of Wisdom meet on the first Saturday of each month to generate "spirit, friendship, and support among the women of Unity." We share from our hearts, thoughts and minds...to open ourselves to all that Spirit has to offer. This is the true mission of our group!

Date: The first Saturday of every month

Time & Location: 10:00AM-12:00PM in the Spiritual Practice Center.

Fee: Love Offering

Coordinator: Jodi Robinson at 859-342-4482 or write to jodi.robinson@fuse.net

Men's Discussion Group

The Men's Discussion Group meets on the second Saturday of each month for a light breakfast, followed by an interesting and enthusiastic discussion of a timely topic. All are welcome.

Date: The second Saturday of each month

Time & Location: 9:00-11:00AM in Friendship Hall.

Fee: Love Offering

Coordinator: Jerry Stricker

Crimson Circle

Discuss how to use the Tools for the New Millennium from the Wisdom of Tobias in our everyday life. All are welcome!

Date: The third Saturday of each month

Time & Location: 1:00PM in the Spiritual Practice Center

Fee: Love Offering

Coordinator: Mili Roberts at 859-525-9169

Saturdays (cont.)

Healing Hands

This energy work promotes health, healing, and well being. You can receive its benefits, or if you are a practitioner, administer the Healing Touch Technique. Bring a blanket and pillow.

Date: The last Saturday of each month; **There is no class in April.**

Time & Location: 10:30AM-12:30PM in the Classroom B (unless otherwise noted.)

Fee: \$10 or an affordable donation

Facilitator: Daniel Snyder

Debtors Anonymous

Is your life unmanageable due to credit card debt and overspending? Come explore this 12-Step program.

Date: Every Saturday

Time & Location: 10:00-11:30AM in the Library.

Fee: Love Offering

Rosanna's Anusara Yoga Class

An exercise in consciousness, this slow-moving and gentle class is designed to help students understand the way their bodies work. Part physical therapy, part chiropractic, part meditative movement and mindfulness training, the yoga-based postures will improve strength, stamina, flexibility and circulation. But that's just the icing on the cake: real yoga expands our awareness of the interconnectedness of our bodies, minds and souls.

Rosanna Juncos is certified through Anusara Yoga, one of the most thorough and prestigious systems in the world of yoga today, and has taught hundreds of students in the Cincinnati area since 1997. She has extensive training in functional anatomy, biomechanics, and yoga therapeutics, and has studied with some of the finest teachers in the nation.

Date: Saturdays, May 14 through June 25 (no class on May 28)

Time & Location: 11:00AM-12:30PM in Friendship Hall

Fee: \$60 with pre-registration or \$12 per class at the door

Facilitator: Rosanna Juncos

Sundays

Journey to Freedom

The process of forgiveness is integral to spiritual practice. It fosters increased self-awareness, inner growth, and greater inner freedom. The Journey to Freedom workshop is about turning wounds into power through the process of forgiveness. This workshop teaches a process that can be used to make permanent life changes through uncovering and healing hidden anger, pain, guilt and shame. Participants will learn to transmute stuck emotions (anger, guilt, pain and shame) and to open the door for true forgiveness of self and others.

Date: Sunday, April 10

Time & Location: 2:00-5:00PM in Classroom A

Fee: \$20 with pre-registration; \$25 at the door. 3 hours of elective SEE credit is available.

Facilitator: Shirley Williams, LUT, Unity East Church, Columbus, Ohio

Deepening Your Involvement with Unity Principles

Here's an update for those of you who are interested in becoming a Licensed Unity Teacher or Minister or simply desire to complete Unity's Spiritual Development Program. Come join George Whitton, Licensed Unity Teacher, and Lou Freeman, Director of Adult Education, as they discuss the latest information from Unity's Spiritual Education and Enrichment (SEE) Department and answer your questions.

Date: Sunday, April 17

Time & Location: 12:30PM in Classroom B

Fee: Free

Facilitators: George Whitton and Lou Freeman

Forgiveness in Relationships

All relationships are for spiritual healing. Learn to use the tools of Radical Forgiveness to transform your relationships. Gay Purpura, certified Radical Forgiveness Coach, has two years experience in coaching clients in the Radical Forgiveness process and has helped many people transform relationships.

Date: Sunday, May 22

Time & Location: 1:30-4:30PM in Friendship Hall

Fee: \$ 25 with pre-registration; \$35 at the door

Facilitator: Gay Purpura

Classes, Workshops & Events

Fun Fridays

April 1: Spiritual Cinema

7:00-10:00PM in Friendship Hall

Finding Neverland (directed by Marc Forster; Rated PG)

Discussion leader: Paul Darwish

Finding Neverland is a tale of magic and fantasy inspired by the life of Scottish playwright J.M. Barrie, his classic work, *Peter Pan*, and the real *Lost Boys of Neverland*. Set in London in 1904, the screenplay follows Barrie from his first inspiration for Peter Pan to the premiere of the play that would change his life. The stellar cast includes Johnny Depp, Kate Winslet, Dustin Hoffman and Julie Christie. The movie was nominated for seven Academy Awards, including Best Picture and Best Actor (Depp). "*Finding Neverland* traverses both fantasy and everyday reality, melding the difficulties and heartbreak of adult life with the spellbinding allure and childlike innocence of the boy who never grows up."

Fee: Love Offering for theatre popcorn, soda or water, discussion, and more!

April 8: Salsa Returns!

7:00-9:00PM in Friendship Hall

The salsa groove continues! This session provides instruction of the basic steps and pattern work of salsa. No partner necessary. Please wear light clothing and leather soled shoes to allow for easy movement on the floor.

Instructor **Diana Hoffman** teaches at Step 'N' Out Studio in Covington, Ky., She brings years of ballet, yoga and Latin dance experience along with her unique teaching techniques to the floor. As the creator of Kamasalsa, her dance/philosophy helps build life-changing experiences.

Fee: \$10 with pre-registration; \$15 at the door if space remains. Please call first!

April 15: Unmask Your Soul

6:30-8:00PM in Friendship Hall

Techniques to read people deeper can greatly improve self-appreciation. You'll also be amazed at how much the techniques in this workshop can teach you about other people. Delve beyond the usual understandings of body language, face reading, aura reading. You'll even get to explore a fascinating technique used by professional empaths.

Rose Rosetree's fast-paced, highly entertaining workshops have won awards. Based in Sterling, Virginia, Rose has given over 600 media interviews—on five continents—her work praised in publications as different as The Washington Post, The Washington Times, The L.A. Times and The Catholic Standard. Her clients include Clinique, the American Folk Art Museum, the NFL Players Association, USA Today, Freddie Mac.

Fee: \$15 with pre-registration; \$20 at the door

April 15: Getting to Know You

April 15, 8:00-10:00PM in the Spiritual Practice Center

For those of you who took Part I on March 18: Rejoin artist and mask-maker, **C. Pic Michel**. Part II begins with a guided meditation to find the message of your personal face cast followed by a visit to The HeArtStudio in the Spiritual Practice Center. Here you will work with paints and outpicture the mask of your meditation onto the surface of your face cast.

Fee: Love Offering

May 6: Spiritual Cinema

May 6, 7:00-10:00PM in Friendship Hall

What the Bleep Do We Know?! (directed by Betsy Chasse, Mark Vicente, William Arntz)

Discussion leader: Paul Darwish

You've heard about it, or you may have seen it – once, twice, three times or more. What the Bleep comes to NTUC for viewing and a whole lot of discussing! What the Bleep Do We Know?! is a new type of film starring Marlee Matlin as Amanda. It is part documentary, part story, and part elaborate and inspiring visual effects and animations. In the film, Amanda finds herself in a fantastic *Alice in Wonderland* experience when her daily, uninspired life literally begins to unravel, revealing the uncertain world of the quantum field hidden behind what we consider to be our normal, waking reality. At the core of this film are provocative questions about the way we participate, consciously or not, in an unfolding, dynamic reality. For more information on this magical, provocative independent film that has taken the country by storm, visit the website at <http://www.whatthebleep.com/>.

Fee: Love Offering for theatre popcorn, soda or water, discussion, and more!

Fun Fridays

Fun Fridays

May 13: Swing Dance Class

7:00-9:00PM in Friendship Hall

Come swing your way into spring. Learn about the many flavors of swing: East coast, West Coast, Jitterbug, and Lindy Hop. This exciting style of dance is full of high energy and a joyful attitude. Swing dancing has held its popularity since its beginnings in the early jazz era. Now you can learn to look good on the dance floor!

Michael Drake is the owner of The Fitness Edge, which offers personal training and instructor training. He also has 20 years experience teaching group fitness classes, and has been social dancing for 5 years. Whether on the fitness floor, or on the dance floor, breaking down complex movements into simple-to-understand components is Michael's specialty.

Fee: \$10 with pre-registration; \$15 at the door if space remains. Please call first!

May 20: Open Mic Night Returns

7:30-9:30PM in the Sanctuary

Come and perform on the Unity stage! Sing, dance, tell jokes, play an instrument, recite poetry, or entertain us in your own special way. The mic is open for any and all talents to be displayed and appreciated by your Unity family. Bring a sound track (tape or CD) or sheet music for the music team to play. Each act is limited to 4 minutes. Sign up at the Happening Table from May 1 through May 15!

Fee: Love Offering

June 3: Spiritual Cinema

7:00-10:00PM in Friendship Hall

Saved! (Directed by Brian Dannelly; rated PG13)

Discussion leader: Greg Loomis

Mary (Jena Malone) is a good Christian girl who attends a Christian high school in Baltimore where she has good Christian friends, mainly Hilary Faye (Mandy Moore) and Mary's boyfriend, Dean (Chad Faust). When she finds out Dean might be gay, Mary offers her virginity to turn him straight. She ends up pregnant. During her time of need she gets the most support from the school's misfits, including Cassandra (Eva Amurri), the school's only Jewish girl; Roland (Macaulay Culkin), Hilary Faye's wheelchair-bound brother; and Patrick (Patrick Fugit), the skateboarder son of the school's principal, Pastor Skip. In this comedy, many of the laughs come at the expense of the stereotyped evangelicals, but Saved! also offers some spiritual warmth and insight.

Fee: Love Offering for theatre popcorn, soda or water, discussion, and more!

June 10: More Salsa!

7:00-9:00PM in Friendship Hall

Upon popular demand: more salsa! Take this as your first class or continue to polish your steps. This session continues instruction of the basic steps and pattern work of salsa. No partner necessary.

Please wear light clothing and leather soled shoes to allow for easy movement on the floor.

Instructor **Diana Hoffman** teaches at Step 'N' Out Studio in Covington, Ky., She brings years of ballet, yoga and Latin dance experience along with her unique teaching techniques to the floor. As the creator of Kamasalsa, her dance/philosophy helps build life-changing experiences.

Fee: \$10 with pre-registration; \$15 at the door if space remains. Please call first!

June 17: Swing Returns!

7:00-9:00PM in Friendship Hall

If you missed the first class, come to this one! If you were part of the fun, come again! Learn about the many flavors of swing: East coast, West Coast, Jitterbug, and Lindy Hop. This exciting style of dance is full of high energy and a joyful attitude. Bring your own style to the dance floor!

Michael Drake is the owner of The Fitness Edge, which offers personal training and instructor training. He also has 20 years experience teaching group fitness classes, and has been social dancing for 5 years. Whether on the fitness floor, or on the dance floor, breaking down complex movements into simple-to-understand components is Michael's specialty.

Fee: \$10 with pre-registration; \$15 at the door if space remains. Please call first!

June 24: Foot Reflexology

6:30-8:30PM in the Spiritual Practice Center

RELAX from the soles of your feet to the soul of your heart! Reflexology is a natural healing art, based on the principle that there are reflexes in the feet and hands which correspond to every part of the body. Learn ways to restore the body's natural equilibrium. Bring a friend or come alone, but remember to bring your feet!!

Jacquilyn Drake, C.R. is a certified reflexologist and has a practice in Mt. Lookout. She graduated from the Ohio Academy of Holistic Health and Wellness in Xenia, Ohio. In addition to reflexology, she is experienced in Healing Touch and Reiki.

Fee: \$20 per person with pre-registration; \$25 at the door

Pre-registration ends the Sunday before the event. Sign up now and save!

Fun Fridays



1401 East McMillan Street

Cincinnati, Ohio 45206-2224

AFFILIATED WITH THE ASSOCIATION OF UNITY CHURCHES AND UNITY SCHOOL OF CHRISTIANITY

ADDRESS SERVICE REQUESTED

Main Office: 513-961-2527
Fax: 513-961-0213
Prayer Request: 513-961-1119
Dial-A-Prayer: 513-961-1272

Other Communication Sites

Web site address: http://www.ntunity.org

E-mail address: info@ntunity.org

Sunday Services.....9:00 & 11:00AM
Wednesday's Mid-Week Service.....6:30PM
Center Office Hours Mon-Fri.....9:00-5:00PM

Bookstore

Mon-Fri.....10:00AM-7:00PM
Wed.....til 8:00PM
Sat.....10:00-3:00PM
Sun.....8:00AM-1:30PM

Sunday Radio Programs

Life is Meant to be Good: 6:00-6:30 PM- WVXU/91.7

Spiritually Speaking: 10:00-11:00 AM - WAIF/88.3

Subscribe to Sunday Service Tapes

Enjoy Sunday Lessons Again & Again

4 Weeks: \$20 Dates:
3 Months: \$55 Dates:
6 Months: \$115 Dates:
1 Year \$220 Date:

Mailed Weekly - Postage & Handling Included

Send To:

Name:

Street:

City, State : Zip

Check enclosed: \$

Payable to: New Thought Unity Center
1401 E. McMillan Street
Cincinnati, Ohio 45206

Charge Card: Visa MasterCard

Card #:

Exp. Date:

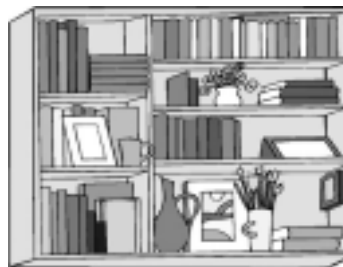
Signature:

Non-Profit Organization
U.S. Postage
PAID
Cincinnati, Ohio
Permit No. 3101

Do you want to get off the mailing list? Call: 513-961-2527

For Someone Special:

New Thought Unity Bookstore



- CDs & tapes
Greeting Cards
Gift Jewelry
Service Tapes

A bookstore as Unique as You

Bob Hesford, Manager

Open 7 Days a Week

For our hours, see above.

Also, visit our Library on the lower level.